

APRIL
2020

Parish Notes

The Newsletter of the Unitarian Universalist Church of Concord



Minister's Musings *Rev. Michael Leuchtenberger*

Our mission has never felt as relevant as today: Connecting in love and service, growing spiritually, transforming ourselves and the world. In record time, we've had to transform ourselves from a brick & mortar, relish-in-person-proximity, love-to-share-food-and-hold-hands kind of congregation into an online, phone-line, keep your physical distance kind of community. None of us know the long-term consequences the pandemic will have on us yet at the very moment it seems to have connected us more deeply, more intimately, more lovingly than ever.

Within days, over 30 of you stepped forward to volunteer as Caring Circles Leads so all 300 households in our congregation are now connected to a circle of support and none of us will have to face this pandemic on our own. Another seven of you agreed to act as Supply Couriers to make sure needed supplies are acquired and dropped off at people's homes. Wow! And a few households decided to opt out because they felt supported in other ways. Wonderful.

Most covenant groups and the majority of other group activities and meetings seamlessly migrated to on-line gatherings - thanks to Zoom. Even the choir continues to sing and our 6th Annual Weekend Meditation Retreat was well-attended and well-received despite the digital nature of the meditation hall. And then there is worship which has brought together more people than we've ever had in our physical sanctuary, folks from around the country and folks who have not been able to join us in person for years. Thanks to the Zoom meetings after the service many suddenly feel connected in whole new ways.

I have started to receive requests for extra support for congregants who have lost their income or are facing other hardships so I was delighted that the Community Plate Committee earmarked March 29th for the Pastoral Support Fund (PSF). Still I was entirely overwhelmed and close to tears when I heard the totals collected: \$2,425 from 46 individuals, all online, with several donors entirely unknown to us. Amazing. And THANK YOU.

Connecting in love and service. That's what's showing up left and right, across generations, despite physical distance, and regardless of pre-existing familiarity and friendship. And increasingly it becomes clear that to get through this marathon, to develop the resilience we need as individuals and as a community, we also must care for our spirits, we must take seriously our aspiration to grow spiritually - through regular practice and reflection.

I miss being with you all in person yet there is a closeness that feels palpable and real. Keep those emails, social media postings, and video recordings coming. I love to know how you are doing. I love to see the creativity that keeps you going. I want to hear what inspires you and what brings you to tears.

With love and affection,
Michael

CONNECTING IN LOVE AND SERVICE
GROWING SPIRITUALLY
TRANSFORMING OURSELVES AND THE WORLD

March Worship Services

Livestream our worship services at concorduu.org/live

Online services streaming at 10 am each Sunday followed by interactive Zoom Room offerings. Each week's service theme will be published in our weekly eBulletin.



SECOND HOUR

| LEARNING

| SERVICE

| PRACTICE

STAY CONNECTED

Weekly offerings will be listed with Zoom links in the eBulletin, the Live Streaming page each Sunday, and on the church calendar.

Maundy Thursday Via Zoom | April 9 @ 6:00 pm

Join Rev. Lyn Marshall for our traditional Maundy Thursday service, moved to Zoom. Please have ready some wine or grape juice, and bread, for communion. (Because shopping is hard right now, any reasonable facsimile is appropriate!) If you would like to read one of the Scripture passages, please contact Lyn at lyn@concorduu.org to receive your passage via email in advance. Zoom link found on church's calendar.

Stay at home order

In keeping with the stay at home order issued by Governor Sununu, all in-person activities at the church are suspended until at least May 4. The governor has asked all people to stay at home unless absolutely necessary, especially those who are over age 65 or with chronic health conditions. The building is closed. This timing may be extended as more becomes known about the outbreak, but it will not be shortened.

We want you to know we are still here for you! You can contact our ministers on their cell phones or email for pastoral care; our Caring Circle Leads are reaching out to our members and friends by phone; we have Couriers ready to bring you supplies if you are home-bound; and our staff can help you set up a Zoom meeting to stay connected.

Electronic Giving for Health & Safety

Electronic donations will be the church's lifeblood while we all are staying home to reduce the spread of the coronavirus. Set up your pledge for automatic payment at <https://concorduu.org/get-involved/donate/> or by logging into your Breeze account.

By the way, if you don't have a Breeze account, please email breeze@concorduu.org to get one. It allows you to look up our Members and Friends so you can stay in touch from a distance.

If you are mailing checks, please be patient as we will not be processing them as quickly as usual.

Connecting in Love & Service

Caring Circles

We have divided all 300 households on our list of members and friends into Caring Circles of 9-10 households. Each Caring Circle has a Caring Circle Lead. The job of the Caring Circle Lead will be to touch base with each Caring Circle member between once a week and once a day, depending on the need and preference of the Caring Circle member. Most of the time these will be short 2-3 minute phone calls.

The Caring Circle Leads will record any needs of supplies (or other concerns) and communicate them to the Caring Circles Coordinator (for now Lea Smith, our Director of Membership & Administration).

The Caring Circles Coordinator will rely on Supply Couriers to make sure that needed supplies are acquired and dropped off at people's homes. The Supply Couriers will follow the latest public health guidelines on how to minimize the spread of the coronavirus.

The program works like this:

Caring Circles Leads:

1. Spend about 30-40 minutes on the phone each week reaching out to 9-10 other congregant households.
2. Communicate needs to Caring Circles Coordinator by email or phone.

Supply Couriers:

3. Drive solo within the Concord area in their own vehicle.
4. Buy supplies and deliver them to homes (expenses will be reimbursed by the recipient, or occasionally by the church).
5. Might pick up prescriptions or run other essential errands.
6. Follow CDC and other public health guidelines on how to handle groceries and other supplies safely.
7. Are not older than 64 years or have medical conditions that put them at increased COVID risk.

Of course, any household can decide to opt out of our Caring Circles ministry. Just let your Caring Circles Lead know the first time they contact you.

UPDATE: We have plenty of Caring Circles Leads, but could use another Courier or two, especially for areas outside of Concord.

Thank you in advance for playing your part as we make sure all of us stay as safe as possible - whether that means checking in with others, delivering supplies, or (and perhaps most difficult for some) accepting the care and support of others in our community.

With love & concern and deep, deep care for you all,

Michael

It's time to think about what our church means to you.

Hear what two members have to say:



“This church helps me to hold the tension of living my values in a complicated world—in a way that is nurturing, engaged and sustainable.” — Jim Schlosser

View Jim's full testimony at: <https://www.youtube.com/watch?v=TKNfiH1loks&feature=youtu.be>

“Church is a safe haven for feeling the highs and lows of my life. Church calls and challenges me to keep evolving and growing to be the person I aspire to be. I am so grateful to be part of this amazing group of people.” — Betsy Black

View Betsy's full testimony at: <https://youtu.be/LUWgvizwhi4>



A New Softball Season Is Upon Us, Come Join the Fun!

***“Just to hit the ball, and touch ‘em all, a moment in the sun;
it's a gone and you can tell that one goodbye! “***

As spring approaches, so does SOFTBALL SEASON! Another season of fun and memories with each other, and the players from the other teams in the Concord Church league. This

is a league that puts a premium on fun and friendship, with less stress on the intensity of competition you find in some other leagues. While winning always makes it just a bit more fun, those of us who have been on the team for a number of years still enjoy getting out there and giving our all in the spirit of fun and camaraderie.

What we need an infusion of in the next couple of years is, in a word, “yoots”. If you ever saw My Cousin Vinnie, you'll know what I mean. We need some younger players to complement, and gradually replace, those of us who are getting just a bit long in the tooth (and light on some working body parts!). So, whatever your age and skill, if you've got any interest at all in playing for the Purple of UU this summer, let me know.

Practices start around Memorial Day weekend, Sundays at 1:00 at the state hospital grounds field on Pleasant Street.

You can reach me at 267-6672 or hawkluvr57@metrocast.net, or my wife Sue, our #1 cheerleader and cookie maker, at suzyloon@metrocast.net. Leave us your name, phone number, and email address, and we'll start working on putting together this year's team!.

In peace. Dick de Seve

.....this year, there is some uncertainty, given the COVID-19 outbreak. Keep checking back with us as to the status of league play, and we'll do our best to keep you informed going forward. Once the church is open again there will be a sign-up sheet in the parlor.

UUFOR Moving Day on Leap Year

Well oiled team at work moving Chantal Batamuriza and her family to their new home on 2-29-20.

Thank you team!!!

We helped new-American Chantal Batamuriza and her three children move to Concord Gardens Apartments on February 29. Our energetic moving team included UU's Virginia Joslyn, Franz Vail and David Canfield, friend Dave Herbert (Tom's brother), Chantal's children Jacqueline and Africa, and their friends Pacific, Enock, and Youtyline.



Authentic Engagement Questions

When a group of us got together to think about membership in late 2019, the idea bubbled up to create some questions that might help us go deeper in our interactions during social hour or other “unstructured” times we gather. So Michael and Lyn brainstormed and ended up with nine “Authentic Engagement Questions.” They got posted on the wall of Fellowship Hall above the entrance to the kitchen.

A few groups tested them out (e.g., when Youth Group mentors met with their youth mentees), but now they are safely (aka inaccessibly) locked away in our building. So here is a copy for you in case you'd like to try them out as you connect with each other by phone or Zoom (or email). Let Michael or Lyn know how it went. Which questions resonated most with you and those you dared to engage? :-)

Authentic Engagement Questions

1. What brought you here today? (perhaps reframe as: How was it being home today?)
2. What brings you joy? hope?
3. What keeps you awake at night?
4. What's a place that holds deep meaning for you?
5. What role does god play in your life?
6. How does your inner life compare to your outer life?
7. What are you grateful for?
8. What do you wish you dared to do?
9. What would you rather we didn't talk about? :-)



POETRY BY OUR UU MEMBERS & Friends



Take Your Time

By Emmett

The music of spring is teasing my ears, song birds calling early morning greetings,
no.

declarations, swarms flock to trees of soft dew. we are still here. We made it. Did you forget about us?

Lake Massabesic ripples her hellos, brushing embrace along the shore with a lullaby as a mama duck flutters iridescent wings, with a swoop and tuck of her sweet babies at her side.

I drive past places of beauty every day. Schedule this, meeting that. Timing and planning, always in a hurry it seems.

Makers of such sweet harmony do not hurry the frost, nor does the sweet lake of her winter coat. It sheds slowly, trickling downstream in its own time. No need to rush. Mama stands guard as each duckling waddles one by one across the street, pausing traffic to a complete halt.

She takes her time because she knows she can.



A Moment In Time | a Journal Entry by Fran Philippe

I've been walking to the beaver pond on Curtisville Rd, a mile and a half from my house, for 44 years - a very spiritual place for me. While going through some books during this time of isolation, I found this journal entry from August 18, 2000.

Awakening to a crisp 48° morning, I set off for a long walk, but ended with a LONG visit at "my" pond instead.

A cerulean sky reflects in the lower pond, disturbed only by an occasional ripple from some mysterious underwater visitor.

Little remains of the big pond as lily pads blanket its surface.

The morning dew illuminates web art high up in the sentinel snags.

Do the artists watch me from their gallery vistas?

[Click here for short video. https://youtu.be/iO2tWEIW5Gk](https://youtu.be/iO2tWEIW5Gk)

The Star of Kindness

By Pedro Sandín

It has been so long since the tenets of faith offered me consolation for the perplexities of life. As a child, those beliefs, piously received like a consecrated host, sheltered me from the terrors of life: my parents' unavoidable death someday, bullies and other mean people roaming the world, my Motsy banished because he barked too much.

Since, impelled by reason, I've let go of all doctrine, all illusion of seizing the eternal, and I've wandered through territory where faith, like a mirage, vanishes again and again, leaving me to dwell in makeshift tents.

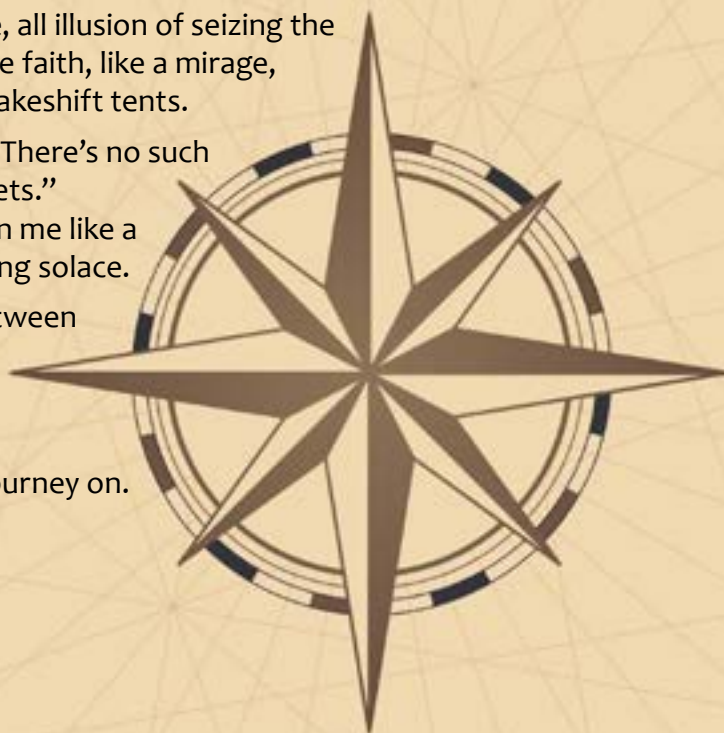
A philosopher, crossing my path, halted and said: "There's no such thing as evil or good. They're just aesthetic mind sets."

He quietly slipped away, as his words descended on me like a windstorm, threatening to strip me of any remaining solace.

But I rebel. I won't concede that the difference between tenderness and cruelty is arbitrary, that a gentle caress is not radically different from a cruel blow.

I will not have it.

I reset my compass to the star of kindness, and I journey on.



RED ROVER, RED ROVER, SEND IT ON OVER

We would love to publish some uplifting stories that you have witnessed, poems, and art that you are making during this time of reflection and creativity. Please share writings & high resolution images to ParishNotes@ConcordUU.org

Invitation for Community Discussion - Solve Climate by 2030

On April 7, 2020 from 5-7pm over 100,000 university and high school students across the nation, along with faith and community groups, will tune in to 52 simultaneous, university-hosted, statewide live conversations or “Power Dialogs” as part of the “Solve Climate by 2030” initiative out of Bard Center for Environmental Policy.

Antioch University New England will be hosting the New Hampshire event. We hope that your communities can join us as we discuss state and local actions that can put us on the way to solving climate change. To register for the webinar discussion, [PLEASE REGISTER HERE](#).

Finally, we would very much appreciate it if you would share this with colleagues and other community groups. Similar to COVID-19, preparing for Climate Change is also an “all hands on deck” scenario, and the more people we have engaged in this conversation, the better. For more information please go to New Hampshire’s Solve Climate by 2030 Landing Page and solveclimateby2030.org.

POETRY IS EQUIPMENT FOR LIVING
KENNETH BURKE

BUILDING A CULTURE OF PEACE FORUM
Invites you to join a Zoom
COMMUNITY POETRY READING
Sunday, April 19, 2020
4—5 pm

Event Details

RSVP to:
Doreen@nhpeaceaction.org
Please write "Poetry Forum RSVP" in the subject line.
Include in your email: your name, and, if you want to read a poem, attach the poem as a Word doc or PDF. We will collect and send the poems to all interested participants following the gathering.
Once we receive your RSVP we will send you the invitation to join us on Zoom.
Will Hopkins will be available to support anyone who needs tech encouragement.

Throughout all time and cultures, poems have nourished and restored our minds, spirits and hearts. Poems sustain us through storms, offer solidarity, challenge our smaller selves, bridge cultures, and make palpable our sense of belonging to each other and the earth.
What could be a better time to come together virtually and share our favorite poems?

Sign up to read a poem by a poet who enlivens you. Poems may be chosen from any historical context and from any culture.

Poems must be in English, and no longer than one page.

Not ready to read to others? Then join us to offer the gift of listening.



Connecting in Love & Service

Friendly Kitchen Update

Our next time to cook is coming up on April 1st and of course, during this time, we had to consider how we were going to do that. Upon contacting all 15 on my cooks team and subs, all but one, said that they wanted to remain isolated and not cook on site. It was suggested by one of the cooks that we donate money, instead, and purchase food for our guests.

Pizza being one suggestion, and knowing that small businesses are struggling at this time, I chose to support that of Rik Yeames and order 10" pizzas for 70 guests. (We'll support another business next month.) Donations by this cook's team has covered the cost. Next month I would like to open it up to the rest of the congregation for additional support. Watch for more information.

Thank you all in advance for our continued UU support for those in need.

Fran Philippe, Coordinator

Unitarian Benevolent Association Annual Meeting: Zoom Meeting April 26, 2020

The Unitarian Benevolent Association (UBA) was started in the 1830's as a local charitable organization to help women and children. Over the years the group has evolved to where we now donate money to local agencies who have these goals, instead of giving money directly to individuals.

Due to continued physical distancing from Covid-19, we will have a Zoom Annual Meeting at noon.

We WELCOME new members!!!! The commitment is to come to our annual meeting, vote on where we will donate our money, and enjoy companionship and great food at our online luncheon. Unfortunately, we will each need to provide our own lunch!

The UBA's Annual Meeting is scheduled for Sunday April 26, 2020 from 12:00 until 2:00 in the church parlor. After a short meeting, we will listen to a speaker from one of our charities and then enjoy lunch. We hope to see some new faces.

Hope to see you all soon. Stay safe!

Beth Corcoran, President

724-8740 backwilt@yahoo.com

Compost Update

By Belinda Nerl

Composting happens no matter what. Isn't that beautiful? We now have two black composting bins that can accommodate your household waste as well as church food waste and paper towels. If you are not composting at home, save your vegetable scraps for our church composting system. I recently moved the first bin's contents into a second bin. After only 4 months, our compost is looking really good, kind of like a smelly mud, but definitely working towards the final dirt stage.

What to bring to church? Here's a creative list to think about-

Do Compost

- Your rotten salad greens that you never quite got around to eating,
- All the orange peels from the oranges you are eating to stay healthy,
- The onion skins from all the soups you've been making as you are cooped up at home,
- The rotten apple at the bottom of the fruit bowl that kind of got forgotten,
- Check the back of the fridge, is there a container of unrecognizable food with mold on top?

All are perfect for the compost! The smellier the better.

Don't Compost

- Meats
- Bones
- Fats

If you aren't going to get to church for awhile you can freeze the compostables, or just let them build up in a compost bucket, but that can get smelly after a while. At church, you can drive up anytime to the compost bins outside, twist the cover and add your contribution to either bin. Please make sure to twist the cover back on when you are done. I am working on a list of people who would be willing to take home a bucket of compost, should the two bins get to be overflowing. So far I have 4 volunteers, so you wouldn't have to do it very often. Any more volunteers? Contact me, Belinda Nerl at bjnerl@comcast.net or call 437-0413.

Thank you for all your contributions. Keep up the good work of composting.



It's Still Pledge Season

The building is closed, so you can't drop off your pledge card, However, you can still mail it in or use this secure online pledge form to make a change to your pledge for next year. If you don't return a card we will continue your pledge at last year's level. Please send back the card in the envelope provided to: UU Church of Concord, 274 Pleasant St, Concord, NH 03301-2551 **Thank you!**

Pandemic Parenting Check-In Tuesdays, 9:00-9:30 pm

As families are suddenly spending quantity time together, it can fray parents' nerves to try to work from home, help with schoolwork, and provide emotional support for children and teens who miss their friends and maybe, just maybe, aren't being angels with their siblings either.

Join Rev. Lyn Marshall and other UU parents to check in, offer mutual support, and share creative solutions to 24/7 family life. Sign up here to receive a Zoom invitation.

If this time is too late for you but you want to participate, please contact Rev. Lyn Marshall, lyn@concorduu.org. If there is interest, we can add an earlier time for parents who will be asleep themselves by 9:00 pm. That's real too!



Concord UU Connects Facebook Group

If you're on Facebook and would like a way to connect with church friends informally, please search for Concord UU Connects and ask to join. Unlike the church Facebook page which is available to the public, this group is just for members and friends. We've been sharing photographs of pets, selfies, art-work, and baby pictures. Before our Caring Circles were set up, it was an early place where people could ask for and offer help.

Meet Our Newest Members



Renee West

I grew up in a military family and have lived in many different places, but Concord stole my heart right away. I spent my 20s in Seattle attending university and becoming a coffee snob, and that's where I got to know my husband Dan. We attended the UU church there, and discovered that this is the church for us.

I've worked in marketing and fundraising for the last 12 years, and enjoy helping causes that are important to me. I am a lover of books, podcasts, music, cooking, and being in nature. If I could listen to Invisibilia while making a loaf of bread during a hike I'd be in heaven. I look forward to getting to know you all. †



Dan Frye

I was born the son of a police officer (my father) and a secretary (my mother). After their early deaths when I was 10 and 12, mother then father respectively, my sister, Deb, and I went to live with our paternal grandparents in the low country of South Carolina.

After growing up in South Carolina, where I finished at Erskine College with a BA in History, I moved to Seattle, Washington, where I earned my law degree from the University of Washington. Following law school, I have had a varied career in public program administration, non-profit leadership, and public policy work for private industry. Throughout the course of my career, I have had an overarching commitment to the civil rights of blind and vision-impaired people, along with persons with disabilities, more generally.

Personally, I thoroughly enjoy reading, studying new subjects, travel, music, and good food. My spouse, Renee West, and I are delighted to have found a welcoming Unitarian home here in Concord. In July 2019, we moved to this community to enable me to accept the position of Administrator of Services for the Blind and Vision-Impaired (SBVI), the entity in New Hampshire charged with delivering programs to the state's blind and vision-impaired community to support their acquisition of solid blindness skills, work, and other traits that will allow their integration into the broader society. †



APRIL BIRTHDAY WISHES

Be sure to stay connected through Breeze to easily email or call members & friends to wish them a happy birthday.

- April 03.... Lois Brown
- April 06 ... Steve Del Deo
- April 09 ... Nancy Johnson
- April 10 Michael Cobb
- April 13..... Tom McWilliams
- April 16 Robert Fleischman
- April 18 Jeanne Ann Whittington
- April 20 Josh Humphrey-Sewell
- April 22 Kits Tunney
- April 22 Marjorie Waters
- April 29.... Chris Rueggeberg
- April 30.... Nancy Wood

Instructions for making masks

Idea for "One Hour Worth of Giving" submitted by Sandra LeGrand

Materials

- 100% unused cotton fabric (front) – no metallic fabrics
- 100% cotton or cotton flannel (back)
- 1/4" or 3/8" flat elastic

Written Instructions

www.deaconess.com/How-to-make-a-Face-Mask/Documents-Mask/Mask-Information

Deaconess Hospital How-to Video

<https://www.youtube.com/watch?v=9tBgoOs5FWQ&feature=youtu.be>

Masks can be dropped off in resealable plastic bag at:

Dartmouth-Hitchcock Manchester

100 Hitchcock Way
Manchester, NH

Donations are being accepted at Concord Hospital at their Visitor Entrance daily between 5:30 am and 8 pm.

They can also be shipped to:

Concord Hospital Donated Supplies

c/o Herman West
250 Pleasant Street
Concord, NH 03301



April Special Events & Ongoing Events

Please see our calendar online for the most up-to-date listing of events happening through Zoom:
www.concorduu.org/calendar



Returning this year: The Easter Lily Sale

Same size and price as last year. 8" pot, **\$20.00 each**. Locally grown at Murray Farm.

To order, contact Jim Downie Text **978-818-0138** or email jdownie@tds.net with how many you want.

To reduce germ spread, curbside pickup will be available on **Friday, April 10** and **Saturday, April 11**, time to be determined. **Exact cash or checks only at pickup.**

Join us on Zoom at:

<https://uuma.zoom.us/j/858706004>

Come As You Are
An LGBTQ+ Group of Alcoholics Anonymous

Mondays from 6:00 - 7:00PM EST
Zoom ID: 437-565-787

Rotating Meeting Format
Week 1: Big Book
Week 2: Step Book
Week 3: Speaker / Discussion
Week 4: Tradition
Week 5: Chairperson's Choice

Come As You Are is a LGBTQ+ AA group that usually meets at the church. This month we are meeting online. For more information click [here](#).

Taizé Service

Second Sundays @ 7 pm
(October to April)

Unitarian Universalist Church
274 Pleasant St, Concord, NH
(603) 224-0291 • www.concorduu.org

Join us for an hour of
Meditative Singing
with instruments,
a brief reading, silence, and candlelight.

"A time of beauty and peace for body & spirit."

A contemplative and spiritual experience
for people of any faith tradition or none. All are welcome!



Check out our Livestream

If you are traveling or sick, or want to share our service with friends from afar, check out our livestream every Sunday at <https://concorduu.org/live/>. You can even post comments during or after the service that are visible to others, helping to build our “virtual community.”

We appreciate your patience and feedback as we work out technical glitches with our livestream. If you experience trouble that you think is on the church’s end, please post the trouble in the comments on the livestream page - an office volunteer or staff person will keep an eye on the comments and if they see trouble, they will try to resolve the issue.

After hour Zoom links can be found at <https://concorduu.org/after-service-offerings/>

Staff

Senior Minister | Rev. Michael Leuchtenberger
715-7557 (cell), michael@concorduu.org

Minister of Lifespan Faith Development
Rev. Lyn Marshall
224-0291 x3(office) 568-8084 (cell),
lyn@concorduu.org

Accompanist | Calvin Herst
calvin@concorduu.org

Dir. of Membership & Administration | Lea Smith
224-0291 x4 lea@concorduu.org

Office Administrator | Heidi Page
224-0291 x2 heidi@concorduu.org

Facility Manager | Kathie Martin
717-5268 (emergencies only)

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Parish Note Deadline Schedule:

ISSUE	DUE
May	Mon. April 20

Please email articles and images by end of day to ParishNotes@ConcordUU.org

eBulletins

Information for the upcoming week’s events, happenings, and announcements are due at 6 pm on Wednesdays of each week.

Please email short articles and images to ebulletin@ConcordUU.org

Unitarian Universalist Church of Concord

274 Pleasant Street
Concord, NH 03301-2551

603-224-0291

office@concorduu.org

www.concorduu.org

RETURN SERVICE REQUESTED

