

OCT
2021

Parish Notes

Newsletter of the Unitarian Universalist Church of Concord



Dancing with the Ancestors at Blossom Hill Cemetery
-by Loren Hill page 2

Fellowship on Sunday Mornings

The name tag rack is now located in the rear of the sanctuary for easy access no matter which entrance you use. After the service, please keep your name tag on for social time. Then, drop it in one of three baskets conveniently located: 1) outside the front Sanctuary entrance, 2) in Fellowship Hall, or 3) inside the east entrance. Someone will return them to the rack before next Sunday.

Until COVID subsides, we won't be offering refreshments during social time. If you tend to be parched after the worship service, please bring along a beverage to enjoy outdoors.

Hybrid Worship Service is at 10 am on Sundays:

- in person
- live streamed at concorduu.org/live

A social time follows - via Zoom if you watched the live stream or outside, if you are at the church. Pre-registration is required to attend in-person worship. Watch your email for the sign-up opportunity. This will continue until COVID starts to abate in our area.

Plans are still developing for after-service programs. Watch your eBulletin for updates.

Dancing with the Ancestors at Blossom Hill Cemetery

dictated by Loren Hill to Heidi Page

The White family are known throughout Concord as philanthropists for their donation of land for White Park and their prominent involvement in suffrage and equal rights. They operated the big farm on Clinton Street, which is now the State Surplus Station. It was a quite extraordinary part of the Underground Railroad--hiding families behind hidden doors and fireplaces and in a big barn; and sometimes, in plain sight! The family had numerous connections throughout New England. They were more than a depot, capable of hiding many people at a time. Because the Whites were a prominent family people didn't dare to accuse them of anything. Grasshopper weather vanes throughout the area were a clue that the home was a safe haven.

Armenia White, who outlived her husband by many years, always wore white gloves and was very nice to everyone in town. Every kid called her "Grandma White." Because we know she enjoyed having a bit of fun, it's likely she took part in Halloween festivities.

The White family were Universalists and activists. In that time, families could buy pew boxes to sit in during services; those who did not had to sit along the sides. The Whites owned a box for themselves; but they also bought up ones going empty and gave them to others so they wouldn't have to stay on the sides. The Whites thought the box idea was silly because you shouldn't charge people if you want the public to attend. Eventually, however, they stopped doing the box thing because many just waited for a free box from them! Instead, they found new ways for churches to raise money.

The Whites were down-to-earth people who supported newspapers, green spaces, and walked among the people. Our church just recently named room 5 the Armenia White Room in her honor.

Many famous UUs are buried at the Blossom Hill Cemetery. In the article on page 7, Beth Corcoran talks about how Lucy Wheelock-Downing started the Unitarian Benevolent Association. Their family plot can also be found there.

You can read an article on this topic from the 1980's [online here](#).

Cover photo by Heidi Page of the White family mausoleum at Blossom Hill Cemetery in Concord, NH



Minister's Musings

I love The Energy Gang. Though motivated by the perils of climate change, it is the podcast that most consistently leaves me hopeful and upbeat about the future. This digest on energy, cleantech and the environment tackles topics as diverse as climate-focused venture capital, the clash of gas bans in buildings, and stopping the “money pipeline” into fossil fuels.

The three co-hosts love to argue, but they all agree that we have everything we need to decarbonize most of the economy and reach our climate goals. We can get there if only we start electrifying everything.

In his book *Electrify*, Saul Griffith explains exactly what it would take to transform our infrastructure, update our grid, and adapt our households to make this possible. I have drunk the kool aid and I have gone on a quest to identify all the ways in which I use fossil fuels in the places where I have some level of control.

Like my lawn mower, trimmer, and leaf blower. They all share the same batteries, and so does the snowblower I just ordered. My house came with an electric stove and dryer and I already have a plug-in car and bicycle, so the big one is my furnace and water heater.

As The Energy Gang reminded its listeners, most furnaces and water heaters get replaced when suddenly they stop working, often in the middle of winter. There is no time to upgrade an entire system and suddenly we have committed to using oil or gas for another 20 years.

I know I want to get rid of that oil tank in my basement and the propane canister outside. So I figured I should get quotes now from HVAC contractors with experience installing heat pumps, mini-splits, and electric water heaters - before there is a crisis.

Assuming you buy the argument that electricity is our fastest way to a clean energy future, where do you see options in your life to go electric - around your home, your workplace, your modes of transportation? In the grand scheme of things any individual activity barely matters (except to us). It only works when all of us join in and soon, when everyone accepts that our actions or inactions impact the life of the larger community - sort of like vaccinations and the need for all of us to be vaccinated so we put an end to this never-ending pandemic.

At least that's what I believe and with passion. Thanks for listening.

Michael



October Worship Services | Theme: Cultivating Relationships

Live stream our worship services at concorduu.org/live

10/3/2021 “Caring on Purpose” | Rev. Michael Leuchtenberger

How intentional are you about cultivating relationships - with others, with the environment, with the holy, with your own self? What if today, this week, this year you were even more deliberate about devoting time to caring for the people, the places, and the communities that matter to you? What would change for them? For you? For the stranger? For the planet? During the service we will also (re-)commission our Pastoral Care Associates.

Our First Sunday drop-in covenant group will focus on our monthly theme of “Cultivating Relationships.” All are invited to participate. Revs. Lyn Marshall & Michael Leuchtenberger will facilitate on Zoom and in person.

10/10/2021 “The Oneness of Everything” | Rev. Michael Leuchtenberger

The environmental crisis we face is real. In Sand Talk, Aboriginal scholar and artist Tyson Yunkaporta illustrates what can be gained by viewing global systems through the lens of Indigenous Knowledge. Community and connection over individualism and fragmentation, respect for the land, recognizing the oneness of everything. As he writes: “The whole is intelligent, and each part carries the inherent intelligence of the entire system.” Time for dialog, time for cultural humility, as we deepen our understanding of sustainable systems.

10/17/2021 “Listening Communities” | Rev. Michael Leuchtenberger & Restorative Circles Facilitators

So many of the relationships we value and depend on get stuck when we feel we are no longer heard, when we sense our perspective is not even understood, when we perceive our only option to be fight or flight. Conflict, polarization, and frustration are real. So are the tools that can help us break the cycle. Come hear stories from congregants how the practices they learned to facilitate listening communities and restorative circles helped get family relations unstuck, grounded their interactions at work, inspired them to reach out across the political divide, and provided the framework for working on business skills and peace with young adult children of genocide survivors in Rwanda.

10/24/2021 “Choosing Your Family” | Rev. Michael Leuchtenberger

There is something about family that feels essential. Something we all need in one form or another. Yet many families are broken. Many families are emotionally and physically dispersed. Many families exist in name only. Chosen families to the rescue. What can they be like? What can they offer? What does it take? Let Michael know if you have a story to share about a family you chose - or a family that chose you.

10/31/2021 “Dancing with the Ancestors” | Rev. Lyn Marshall

Over millennia, living humans have devised countless rituals and customs to honor, and to appease, the dead. Our ancestors, whether by blood or by culture, impact who we are. There are the ancestors of blessed memory, and the restless, unhappy ghosts who haunt us. How can we cultivate relationships with the ancestors that celebrate their contributions and acknowledge their failings?



October's Theme: Cultivating Relationships

We must remember to go slow. It's the secret so rarely mentioned. Simply put, relationships are hard to build when we are running. -Rev. Scott Tayler

Minister's Musings

If I had a dollar for every time I've heard someone in our congregation say they come to church because of the community, I wouldn't be rich, but a LOT of you would be out at least a couple of bucks. The pandemic has been an interesting experience in reconfiguring our lives in so many ways, but most especially in how we create and maintain those meaningful relationships that nourish our spirits. Over the course of a week, many of our lives suddenly slowed way, way down. Our cars sat idle. We sat in our homes, some of us completely alone and others suddenly spending 24/7 with family members and house mates.

For some of us it was heaven. For others it was hell. For most of us, it was some of each as we slowed down and noticed what it felt like to eat an unhurried meal, spend more time with the dog, and to have to work on our relationships more intentionally, either so we didn't lose it with the people we were with all the time, or so that we didn't lose it from being alone.

It changed our relationships to work, to school, and to church, among other institutions. It changed our relationship to time. It changed how we dressed for the day, and how we communicated with colleagues, friends, and family.

As the pandemic continues to wear on us, how can we put what we've learned about cultivating relationships to use to increase our resilience over the long haul? Do we want to go back to the way things were, even if we could?

I'm looking forward to learning and growing with you as we cultivate the relationships that matter to us.

Lyn

Lyn Marshall is the Minister of Lifespan Faith Development



Grounds Gratitude . . .

to Beth Corcoran and Janet Kelley-Vail

- for sprucing up the front garden in time for the memorial service and opening on the weekend of September 11th and 12th.

to Bill Faulkner and Fran Philippe

- for pulling and cutting back the bittersweet in the juniper bushes in front of the sanctuary

to LeRoy Anderson

- for helping to clip bittersweet
- for trucking it all away
- for cleaning up the driveway edge along the exit

to Fran Philippe

- for weeding the lilac garden

to Bill Faulkner, Bob Lyon and Fran Philippe

- for cutting and pulling bittersweet and other encroaching plants and trees along the west side of the church and the Emerson walkway on September 19th and to LeRoy Anderson for trucking it all to Lewis Farm

to Bob Lyon

- for cutting back tree branches approaching the building in the same area.

to James Meinecke

- for allowing the Grounds team to bring church brush etc. to his farm (Lewis Farm) to use for compost.

Take a walk around the church and see how nice it looks!

**FYI: No More 4th Sunday Grounds Gathering-
We are exhausted!**

**Join the Grounds Committee
November 7 at 11:30**

All-congregation Fall Grounds Clean-up - with snacks.

Unitarian Benevolent Association (UBA) Special Meeting 10/24/21 at Church and Zoom 11:30 am

Church members, friends and UBA members are invited to a special meeting of the Unitarian Benevolent Association (UBA) on October 24, 2021. The UBA has been an active philanthropic organization since 1837. Lucy Wheelock-Downing, the wife of Mr. Lewis Downing of the Abbot Downing Coach Company, was a founding member of the UBA whose mission was helping women and children by providing financial support. Today, the UBA carries on the tradition by giving money to local agencies who help women and children, rather than giving money to individuals. The Downing Trust was left to our church by Lucy and Lewis Downing.

We welcome all to attend as we, sadly, will be deciding the fate of the Unitarian Benevolent Association. At the end of our April annual meeting we decided to hold a special October meeting as our Association is in crisis:

1. Our membership is dwindling.
2. We are unable to come up with a slate of officers for next year.
3. If we are unable to keep our association viable, how do we dissolve?

Please email or phone me if you have any thoughts of how to keep the UBA viable or if anyone wants to step up to the plate to be an officer. All ideas and suggestions are welcome! Thank you for your considerations.

The meeting will be at 11:30 after church. See eBulletin for Zoom link and room assignment.

Thank you for your help at this sad juncture of the UBA.

Sincerely,

[Beth Corcoran](#)



Taize begins again Oct. 10 at 7 pm

Our monthly [Taize-style services](#) are on the second Sunday of every month (October through April), and we would love to have you join us online or in-person for an hour of meditative singing, a brief reading, a period of extended silence, and candle lights.

Contemplative music will welcome you by 6:50 pm and the service will begin at 7 pm. If you come to the sanctuary we ask that you are vaccinated, wear a double or (K)N-95 mask, sit 6 ft apart from other households, and sing softly. Online you can find the service live streamed at concorduu.org/live.

Our Taize Service strives to be a contemplative and spiritual experience for anyone seeking inner peace and a loving, compassionate heart. As one participant put it: "A time of beauty and peace for body and spirit"

October BIRTHDAY WISHES

Happy birthday to our Members, Friends, and their children, for whom we have birthdays in our church records. If you want to be included on future birthday lists, enter your birthday in your Breeze profile or email it to heidi@concorduu.org.

2 Larry Davis

2 George Duley

3 Janet Locatelli

4 Leo Terragni

5 Celia Terragni

6 Ethan Dupre

6 Paige Hyndman

6 Tom Morse

7 Cheryl Bourassa

9 Gemma Devlin

10 Richard Conde

10 Adee Cooper

11 Cory B. Pierson

12 Anna Gallagher

14 Judith Abbe

14 Charles Hillen

14 Autumn Clough

15 Dick Burnside

15 Stephen Elgert

16 Julia Freeman-Woolpert

16 Suzanne Rude

18 Betsy Black

18 Chip Cooper

18 Joanne Davis

18 Christy Dolat Bartlett

19 Chris Moore

20 Sonya Knowlton

21 Hannah Orzechowski

23 Michael Leuchtenberger

23 Nick Mayo

24 CJ Landsman

25 Ann Hoey

26 Jim Mills

29 Brian Desmarais-Plante

Soul Matters Themes Coming Up

Oct | Cultivating Relationships

Nov | Holding History

Dec | Opening to Joy

Jan | Living with Intention

Feb | Widening the Circle

Mar | Renewing Faith

Apr | Awakening

May | Nurturing Beauty

June | Celebrating Blessings

Community Plate Committee

Since I rarely enter the church, the CPC mailbox overflows. Many envelopes are from large non-profits seeking funds through mass mailings. But to my delight, the August box was also filled with thank you's from numerous NH-based organizations that were grateful for our donations. My favorite ones are often handwritten:

"It does make an impact as we seek to break the silence about mental illness and reduce the stigma." -Interfaith Network on Mental Illness

"So many of the gardeners have expressed their appreciation for this space and... donations of support like your own that make it possible" -Sycamore Gardens

"We have also begun planning for a Spring 2022 conference focused on the nuts and bolts of addressing climate change at the faith community level." -NH Interfaith Power and Light

Your contributions to numerous causes, whether small or large, are making a difference.

There are numerous organizations worthy of support, and the CPC has to figure which causes to adopt, which to put on the "Maybe" list, and occasionally, which ones to delete.

We welcome your input, whether it's suggesting a plate or joining our committee.

Contact [Deb Bruss](mailto:deborahbruss@mac.com) if you are interested. deborahbruss@mac.com



PANDEMIC TEAM NEWS

Transmission in Merrimack County is “Substantial” – Phase 4 of our [COVID Policy 2.0](#)

- **Masks required** – N95, KN95, or double-mask anytime you are in the building
- **Pre Registration required for in-person worship**
- **Vaccination required for all who are eligible (honor system) for in-person worship services**

Due to the Delta variant and rising transmission, we are again requiring pre registration for in-person worship so we can accommodate everyone. A link to sign up will be sent to Members and Friends weekly. Please use that link to sign up. If you did not receive the link or are new to our congregation, email lea@concorduu.org so office staff can send you the link. All adults should register using their own link. (Kids are welcome without pre registration.)

The first 50 people to arrive will be seated in the Sanctuary. So far, we have been able to accommodate everyone in the Sanctuary, but if more than 50 folks come, we'll have extra seating to enjoy the live stream in Fellowship Hall.

We'll still offer vibrant live stream worship and encourage this option for anyone who is at high risk or not vaccinated.

You have COVID or you've been exposed...when can you return to church?

The Pandemic Policy Team recently clarified our rules about attending church after you've had COVID or been exposed. These policies apply to all church events and events on church property:

Policy for people with COVID

1. If you test positive for COVID with no symptoms you may not attend for a minimum of 10 days after the positive test. If you have symptoms of COVID-19 with your positive test, you may not attend until at least 10 days have passed since your symptoms first started AND at least 24 hours have passed since you had a fever (without using fever-reducing medications like acetaminophen or ibuprofen), and your symptoms are improving.
2. If you test positive or have COVID symptoms, and have been to a church event or on church property in the prior two days, notify the church office at 603-224-0291.

Policy for people who have close contact with someone who has COVID:

1. **If you are unvaccinated** and you have someone **in your household** who has COVID, you cannot participate in church activities for 10 days after the last close contact. This rule is in keeping with DHHS' [Quarantine Guide for Unvaccinated People Exposed to COVID in their Household.](#) *(see page 12)*
2. **If you are unvaccinated** and you have close contact with someone **outside your household** who has COVID, you are not prohibited from church events. Please follow the guidance in [Self-Observation Guide for People Exposed to COVID-19 Who Are Not Required to Quarantine.](#) *(see page 13)*
3. **If you are vaccinated** and have close contact with someone **either inside or outside your household** who has COVID, you are not prohibited from church events. Please follow the guidance in [Self-Observation Guide for People Exposed to COVID-19 Who Are Not Required to Quarantine.](#) *(see page 13)*

Outdoor Game Night at Church Friday, Oct 1, 2021 6:30-8:30 pm Front Courtyard

We will wheel the game cart outdoors, and perhaps add a couple of outdoor games to the mix as we experiment with a Covid-safer incarnation of Games & Chocolate. Please wear a mask - with a smile underneath to share as we learn to live in a community still altered by an ongoing pandemic. You may want bug spray as the sun goes down! In the event of rain, we will cancel.



Family & Friends Hike on October 3, 2:00 pm

October's theme is Cultivating Relationships. It has been way too long since some of our church children have laid eyes on one another. Some of our newer families have never met other parents in the congregation so let's meet for a kid-friendly hike on the Winant Park trails behind the church on Sunday, October 3 at 2:00 pm.

Gather in the Grove (head to the top of the parking lot and look for the trail on the left just past the shed) and we'll walk, talk, and explore the fall woods. There will be take-home packets for families with activities related to the monthly theme.

Earth Centered Spirituality Group Autumn Equinox Friday, Oct 1, 2021 7-9 pm in the Grove

Join us in an inclusive ceremony with a dual focus on this balance point of the year between light and dark, between summer and winter, and a celebration of the harvest season, and the turning of the wheel of the year into Autumn.

We give thanks for all we have harvested in this season, bring high summer to a close and begin preparations for the dark half of the year. We give thanks and set intentions for the future.

During the ceremony, attendees will be invited to reflect on what is in and out of balance in their life and their community. To balance of forces all around us. To meditate. To honor to their patron deities, ideals, and nature itself, and to make offerings of praise and thanks.

Poetry and song are particularly welcome as praise offerings, so if you have a thematically appropriate piece to offer, please prepare it! Offerings of plant; fruit, vegetables or flowers, particularly if grown by you, are also welcome.

We will be collecting non-perishable food items (or cash) to be donated to a local food pantry or shelter.





FYI: In order to access the DHHS links listed on this page, please click on the page and it will open the PDF with their live links online.

Bureau of Infectious Disease Control

Quarantine Guide for Unvaccinated People Exposed to COVID-19 in their Household

If you are unvaccinated and have been identified as a household contact to someone diagnosed with COVID-19, then you are at risk of developing COVID-19 in the 14 days after you were exposed, and you should follow these instructions.

Household Contact: any individual who lives and sleeps in the same indoor shared space as another person diagnosed with COVID-19 (either a temporary or permanent living arrangement), leading to close contact and potential repeated exposure to the person with COVID-19. This includes situations where there may be temporary but prolonged exposure such as occurs at sleep-over events, shared camp cabins, vacation rentals, etc.

1 Stay Home (Quarantine) for 10 days from last exposure*

- You should stay at your home and avoid other people for 10 days after your last close contact with the household member with COVID-19 while they are considered infectious (their 10-day isolation period). You can begin your 10 day quarantine period sooner if the person with COVID-19 sleeps in a different room than you and you can avoid ongoing close contact in your home.
- You should not go out in public places - not even to the grocery store or to run errands. Please do not visit with other people outside of your home, and do not invite others into your house to visit. Keep your distance from others in your household (at least 6 feet).
- [Wear a facemask](#) to protect those around you.

As long as you don't develop [symptoms of COVID-19](#), you can stop quarantine after 10 days have passed starting from the day of your last exposure to the person with COVID-19.

2 Get tested*

- Get tested 5 – 7 days after your last exposure to a person with COVID-19. This should be a test that detects active infection using a PCR-based test on a nose swab. You can find testing locations on our [COVID-19 testing guidance](#) webpage.
- A negative test does NOT mean that you can end quarantine early (you still need to quarantine for 10 days), but a test does help to identify infection early even if you're not showing symptoms, and it can help prevent spread and protect others around you.
- If you test positive for COVID-19, then you need to follow the instructions found in the [Isolation Guide](#).

3 Monitor for symptoms

- Take your temperature. You should do this twice a day for 14 days after your last exposure (even if you end your quarantine after 10 days), and take your temperature anytime you feel like you might have a fever.
- Monitor yourself closely for other potential symptoms of COVID-19 such as respiratory illness (cough, sore throat, runny nose, shortness of breath), body symptoms (fatigue, chills, muscle aches), change in taste or smell, nausea, vomiting, or diarrhea, even after you end your quarantine.
- If you develop any symptoms of COVID-19: Seek medical advice and get tested – call ahead before you go to a healthcare provider's office or emergency room. Tell them you were recently exposed to someone with COVID-19 and have symptoms.

4 Take care of yourself

Reach out to your healthcare provider or seek emergency care if you have any concerns about your health. Social isolation can be lonely. Connect with others through phone, video chat, text, and email. Seek help from others to safely provide you and your household food and supplies you need while in quarantine. If you need support to maintain isolation, call 211 (TTY: 603-634-3388).

If you have a medical emergency, call 911. Tell them that you are under quarantine for COVID-19 exposure.

Please review these resources to help keep your home clean and protect others:

[What to do if you are sick](#) | [Caring for yourself at home](#) | [Cleaning and disinfecting your home](#) | [Coping with stress](#)

*You do NOT need to stay home (quarantine) for 10 days but it is recommended that you be tested 3-5 days after exposure (or if you develop symptoms), and to wear a mask in public indoor settings for 14 days after exposure or until you receive a negative test result if:

1. You are fully vaccinated against COVID-19 and more than 14 days have passed since you received the last recommended dose of a COVID-19 vaccine series
2. You have previously tested positive for active COVID-19 infection (by PCR or antigen testing) in the last 90 days (if you had a previous infection that was more than 90 days ago, then you still need to follow all of these instructions).

This document is available online at:

<https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/self-quarantine-covid.pdf>

8/5/21



FYI: In order to access the DHHS links listed on this page, please click on the page and it will open the PDF with their live links online.

Bureau of Infectious Disease Control

Self-Observation Guide for People Exposed to COVID-19 Who Are Not Required to Quarantine

If you were in close contact* with someone with COVID-19 in the community (non-household contact), you should follow the instructions below. If you are a household close contact** to someone with COVID-19 but you are fully vaccinated, you should also follow these instructions.

1 Monitor for symptoms

Monitor yourself closely for potential symptoms of COVID-19 for 14 days after your exposure, including: fever, respiratory illness (cough, sore throat, runny nose, shortness of breath), whole body symptoms (fatigue, chills, muscle aches), change in taste or smell, nausea, vomiting, or diarrhea

2 Get Tested and Wear a Face Mask in Indoor Public Places

If you live or sleep in a shared space with someone diagnosed with COVID-19 (household close contact) and you are fully vaccinated against COVID-19, you do not need to quarantine. You should get tested for COVID-19 with a PCR-based test 3-5 days after your exposure (even if you do not have any symptoms). You should also wear a facemask in indoor public settings for 14 days, or until you receive a negative test result.

If you had close contact exposure to someone diagnosed with COVID-19 in the community (non-household close contact), you should also consider following the above recommendations for testing and face mask use (even if you do not have any symptoms).

3 If you become sick

If you develop any symptoms of COVID-19, you should:

- Stay home and [isolate](#) from other people, including those you live with
- Seek medical advice for any concerning symptoms – call ahead before you go to a healthcare provider’s office or emergency room, and tell them you were recently exposed to COVID-19
- Get tested for COVID-19 – you can find testing locations [here](#)
 - If you test negative, you should still stay home until you are fever-free for at least 24 hours (off any fever-reducing medications) and other symptoms are improving
 - If you test positive, you should follow the instructions found in the [Isolation Guide](#)

4 Take care of yourself and others

Additional things you can do to keep yourself and others healthy are:

- Get fully vaccinated against COVID-19
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol
- Avoid touching eyes, nose and mouth with unwashed hands
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing
- Attempt to stay 6 feet away from others and wear a facemask when in indoor public locations to protect yourself and others from COVID-19

***Close contact** being within 6 feet of a person with COVID-19 for a cumulative time of 15 minutes or more within a 24 hour period.

****Household Contact:** any individual who lives and sleeps in the same indoor shared space as another person diagnosed with COVID-19 (either a temporary or permanent living arrangement), leading to close contact and potential repeated exposure to the person with COVID-19. This includes situations where there may be temporary but prolonged exposure such as occurs as sleep-over events, shared camp cabins, vacation rentals, etc

Contact 211 with COVID-19 questions.
TTY: 603-634-3388

8/5/2021



UU Friends Of Refugees (UUFOR) is actively involved in responding to the humanitarian crisis in Afghanistan

The Afghan Relief Fund is up and running. This is for a family of 22, with local ties, that is stuck in Afghanistan, in hiding, and unable to leave. The money is going to sustain them with food, clothing, and shelter until they are able to get out. The community plate on Sunday raised \$1245 for the fund, and that's only the online giving! This church is awesome! <https://concorduu.org/faith-in-action/afghan-relief-fund/>

We have been meeting with Ascentria, which will be resettling 100 Afghans in New Hampshire. The International Institute will resettle another 50. Most people will be resettled in communities south of us, but a few families may come to Concord. We will be collecting items to donate to arriving families. Ascentria has provided us with a list of essentials needed and is in the process of updating the list for Afghans specifically. Here is the list - it will be updated as we have more information. https://docs.google.com/document/d/1fN-9k5g-R67ddav4fkxtRItVC_MOFoR2/edit Please speak with Whitney Howarth if you have donations.

Ascentria's priority is looking for leads on affordable housing in or within easy driving distance of Concord, Manchester, or Nashua. If you have any landlord connections, be in touch! They are also looking for lawyers willing to help Afghans with filing for adjustments to their visa status (note: they are not coming as refugees, but as "Humanitarian Parolees," and are not eligible for most of the benefits available to refugees). Let UUFOR or Ascentria know if you can offer legal assistance or know of affordable housing that's available.

Meanwhile, several of us are engaged in ongoing support for New Americans who are already here, including working with Overcomers Support Services to address needs such as transportation, understanding paperwork, getting food, school issues, and more. This "faith in action" work is deeply rewarding, and has been the beginning of a number of deep and enduring friendships.

We would love to have you join us. Our future meetings of UUFOR will be on the first Wednesday of each month at 7 PM on Zoom. Please contact [Bevan Tulk](#) or [Julia Freeman-Woolpert](#), UUFOR co-chairs, if you want to get involved.



Mystery Snail Mail

If you're signed up for our Mystery Mail exchange, don't forget to pick up your postcards and mail a mystery message to your partner each week! Send artwork, poetry, questions, and clues for your partner that will help you get to know more about one another.

Our Mystery Mail Reveal Party will be on Sunday, October 31 after church, in person and on Zoom.

Taizé Service

Second Sundays @ 7 pm
(October to April)

Unitarian Universalist Church
274 Pleasant St, Concord, NH
(603) 224-0291 • www.concorduu.org

Live Streaming and In Person



Join us for an hour of

Meditative Singing

with instruments,
a brief reading, silence, and candlelight.

"A time of beauty and peace for body & spirit."

A contemplative and spiritual experience
for people of any faith tradition or none. All are welcome!



Save-the-Date
Thanksgiving Dinner(s)
November 20 - Stay Tuned!

Although we aren't yet at a place where we can host our traditional Thanksgiving dinner at church, save the date of Saturday, November 20, 2021 for small-scale circle dinners to gather in gratitude with others from church.

FALL SOCIAL WITNESS CONVENING



Wednesday, Oct 6

7-9 pm ET / 4-6 pm PT

Register: bit.ly/CSW-convening1

Defend and Advocate with Transgender,
Nonbinary, and Intersex Communities

Stop Voter Suppression and
Partner for Voting Rights and a
Multiracial Democracy

Wednesday, Oct 13

7-9 pm ET / 4-6 pm PT

Register: bit.ly/CSW-convening2

The COVID-19 Pandemic:
Justice. Healing. Courage.

Undoing Systemic White Supremacy:
A Call to Prophetic Action



www.uua.org/action/process/csais/fall-social-witness-convening

Gather, Inspire, Launch! : Two-part Fall Social Witness Convening of the Commission on UU Social Witness

Part One: Wednesday, Oct 6, 7-9 pm ET

Part Two: Wednesday, Oct 13, 7-9 pm ET

Across the world, we UUs find ourselves pulled in many directions for justice & health, humanitarian aid, and earth care. Amid this trying time, let us inspire one another through collective action!

At the UUA General Assembly this past June, the delegates voted to affirm three bold statements for healing action. The delegates also adopted a formal UUA Statement of Conscience on Undoing Systemic White Supremacy. Join these two meetings to find out what UU leaders around the country are doing, what you can do, and who you can partner with to carry forward these bold actions full of inspiring possibilities.

Gather, inspire, and launch your social witness action! The Commission on Social Witness invites you to the Fall Social Witness Convening in two parts. Attend both sessions to find out about all the statements and actions!

For more information and to register [click here](#).



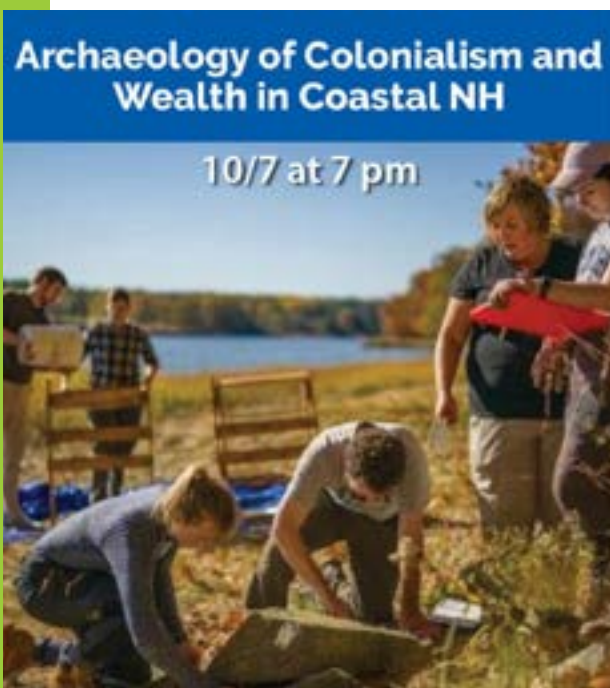
Crop Hunger Walk 2021:

Crop Walk 2021 is going to be held on **Saturday, Oct. 9th at 1:00 PM**. The Walk is an annual event sponsored locally by the Greater Concord Interfaith Council and nationally by Church World Service. In addition to national and international sustainability and refugee programs, the CROP Hunger Walk benefits

more than ten food pantries in our immediate area. The 2 1/2 mile walk will be leaving from outside the Church of Jesus Christ of Latter Day Saints at 90 Clinton St with a send-off program at 12:30 PM.

Last year the Interfaith Council was able to provide contributions to the following local hunger programs through Crop Walk collections supplemented with its own budget funds: The Boscawen Congregational Church Food Pantry, Boscawen; Christ the King Parish Food Pantry, Concord; Family Promise, Concord; Friendly Kitchen, Concord; Friends of Forgotten Children, Concord; Friends of Forgotten Children Backpack Program, Concord; Grace Episcopal Food Pantry, Concord; Hopkinton Food Pantry, Hopkinton; Rundlett Middle School Care Closet, Concord; Salvation Army Food Pantry, Concord; St. Paul Episcopal Food Pantry, Concord; Suncook Community Action, Suncook; Webster Food Pantry, Webster; and the West Congregational Food Pantry, Concord.

Please contact the UU representatives on the Council, [Suzanne Rude](#) or [Linda Williams](#), for more information on participating in the Crop Walk.



Archaeology of Colonialism and Wealth in Coastal NH

Thursday, October 7 | Nashua Public Library
Virtual Event | 7:00 PM | Free

**Dispossessions of Land, Bodies, and Labor:
Archaeology of Colonialism and Wealth in Coastal NH**

Meghan Howey, director of the Great Bay Archaeological Survey, explores how British colonization in Coastal New Hampshire in the 17th and 18th centuries led to the commodification of land and everything upon it. She'll look at connections the project has discovered between colonial wealth and the dispossession of Indigenous lands, as well as the dispossession of the bodies and labor of African peoples.

[Register to get an invitation to the Zoom event.](#)

OCTOBER Special & Ongoing Events

Please see our calendar online for the most up-to-date listing of meetings, events, and happening:

Be sure to check out our NEW website calendar by [clicking here at concorduu.org/calendar!](https://concorduu.org/calendar)

Thank you Lorraine Ellis for all your testing & behind the scenes to make this happen!

All meetings & rehearsals are hybrid unless otherwise noted.
Links are available through private emails, through eBulletin, and Parish Notes.

Fri, Oct 1 @ 6:30 pm | Outside Games & Chocolates | Church front Courtyard

NOTE different from eBulletin-

Fri, Oct 1 @ 7 pm | Fall Equinox Ritual | Earth-Centered Spirituality Group | Grove

Sun, Oct 3 @ 1 pm | Mystery Mail Pick-Up Postcards | Drive thru by Front Courtyard

Sun, Oct 3 @ 2 pm | Family Hike at Church

Oct 3-7 Send 1st Postcard | Mystery Mail

Wed, Oct 6 @ 4:30 pm | Walk a Mile in Her Shoes (WAM) | Off Church Grounds

Wed, Oct 6 @ 7 pm | UU Friends of Refugees (UUFOR) | Zoom

Family Promise Week: October 10-17

Oct 10-14 Send 2nd Postcard | Mystery Mail

Sun, Oct 10 @ 7 pm | 1st Taize Service | Sanctuary & Live Streaming

Sun, Oct 17 @ 1 pm | Exploring Membership Group

Oct 17-21 Send 3rd Postcard | Mystery Mail

Sun, Oct 24 @ 11:30 am | Unitarian Benevolent Association (UBA) Meeting

Sun, Oct 31 @ 11:30 am | Mystery Mail Reveal Party

Sun, Oct 31 @ 1 pm | Exploring Membership Group

ONGOING EVENTS

Mondays @ 6 pm | Kripalu Yoga | Meditation | YogaMeds | **NOTE: Zoom**

Mondays @ 6 pm | LGBTQ+ AA mtg Come As You Are*

1st Tuesdays @ 7 pm | UU Friends of Refugees (UUFOR) Committee Mtg | **NOTE: Zoom**

2nd Tuesdays @ 1 pm | Chronic Pain Support Group* | **NOTE: Online**

1st Wednesdays @ 3 pm | Friendly Kitchen Prep & Serve Day

1st Thursdays @ 7 pm | Showing Up for Racial Justice | **NOTE: Online***

3rd Fridays @ 4 pm | Insight Meditation Sangha | **NOTE: Zoom**

2nd Saturdays @ 4 pm | Renaissance New England* | **NOTE: Fellowship Hall**

Sundays @ 5 pm | Augustine Fellowship*

4th Sundays @ 7 pm | Caring for Aging Loved Ones | **NOTE: Zoom**

*Support or special interest groups that meet at the UU, Zoom, or hybrid during COVID and who are not affiliated with the church, but open to anyone interested in attending.

"We find comfort among those who agree with us - growth among those who don't."

-Frank A. Clark



Office Hours

Office staff are now fully vaccinated! Stop by (wearing a mask, please) and try to, "SCARE US"! We'd love to see your Halloween costumes!

Regular Hours (Sept-Mid June)

Tues, Weds, Thurs, and Fri. | 10 am - 3 pm

Interfaith Holidays/Rituals

World Communion Sunday (Christian) - Oct 3

Feast of St Francis of Assisi (Christian) - Oct 4

National Observance of Children's Sabbath - 3rd weekend of October

Mawlid al-Nabi - birthday of Prophet Muhammad - Oct 18

Reformation Day (Christian) - Oct 31

Martin Luther posts 95 theses - Oct 31, 1517

Samhain (Wiccan) - Oct 31-Nov 1 ([video](#))

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Moderator | Barbara Keshen

Clerk | Sara McNeil

Board of Trustees

Chair | Ann Hoey

Vice-Chair | Kelly Mahony

Secretary | Jim Schlosser

Anne Drewniak

Roger Ballou

Unitarian Universalist History

Birthday of ee cummings | Oct 14

Michael Servetus - burned at the stake in Geneva - Oct 27 (1553) ([more here](#))

UU Merger Vote: Unitarians and Universalists, meeting separately in Syracuse, NY, voted to proceed with consolidation - Oct. 31, 1959 ([more here](#))

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RETURN SERVICE REQUESTED



Chilling Thank You to our Parish Notes Editors who do a
MONSTER of a job each month trying to catch all the SCARY
grammatical mistakes and broken links! EEEEEEEAK!

Screams go out to:

Kay Read, Debbie Farr, Fran Philippe and Lea Smith