

SEPT
2022

Newsletter of the Unitarian Universalist Church of Concord

Parish Notes



Belonging



Building & Sunday Worship Service Mask Protocol

Masks not required unless person has a known exposure within the last ten days or symptoms of respiratory illness.

(see page 14 for more information)

Emergency Evacuation

In case of fire or other emergency, please always be familiar with the exits to the room you are in. Emergency exit maps are posted in all rooms.

SANCTUARY

In the interest of minimizing panic, the sanctuary is equipped with safety strobe lights instead of horns. When the strobes illuminate, the minister and ushers will direct people to exit the sanctuary. The sanctuary doors that face the front parking lot will be the best exit route in most cases. Then QUICKLY and QUIETLY proceed to our designated meeting spot in the back parking lot, near the shed. Do not congregate in the driveways adjacent to the church because you may impede emergency vehicles. Those with mobility issues should wait to evacuate last. Though this may sound unkind, it is safest for all because people naturally tend to start panicking and pushing if the evacuation does not proceed quickly. Church leaders will exit last to assist those who need help.

CHILDREN

When children are in Children's Village or Sunday School, they will be evacuated by their teachers. Parents, please do NOT go to your child's classroom – this could cause a very unsafe traffic jam. Children in the nursery will also be evacuated by their caregiver; the nursery has a special "evacuation crib" to safely evacuate several infants/toddlers. In the case of a true emergency, parents would collect their children from the teachers at the designated meeting spot.

Pastoral Corner

Our Pastoral Care Associates are available to listen as you discern your journey – whether you are wrestling with transitions, spiritual questions, other issues, or would just like to share your story. Call or email, or look for the green "Pastoral Care Associate" ribbon on their name tags on a Sunday, to begin a conversation. Pastoral Care Associates are volunteers who receive training from and meet regularly with our professional staff.

Pastoral Care Associates are ready to listen to you, visit with you, talk to you on the phone or just be present with you at home, in the hospital, or here at church.

Contact our Pastoral Care Associate by emailing lyn@concorduu.org.

Cover photo by Heidi Page's Covenant Group, minus our Michael Cobb

HAPPY NEW Year

It's a New Year!

Our church fiscal year 2022-23 starts on August 1. Please always write the pledge year in the memo line of your check. It's a confusing time of year for our Assistant Treasurers to keep track of your pledge payments, because some people are finishing up their 2021-22 pledge, while others are starting to pay their 2022-23 pledge. Thank you for your generosity!

June Community Plate Offerings

Helping live out all [7 UU Principles](#) through donations

Here are June's Community Plate donations that we sent to the worthy organizations that you as a caring congregation supported. *Thank you for your generosity.*

\$508.97 6/5 **Concord Family YMCA**

\$834.85 6/12 **American Friends Service Committee (AFSC-NH)**

\$483.00 6/19 **Live and Let Live**

\$344.94 6/26 **Earth Justice**



SEPTEMBER Worship Services

Live stream our worship services at concorduu.org/live

9/4/2022: “The Taming of Lucy” Rev. Denise Tracy

How do we learn to love? How do we understand the process of learning to love another creature?

9/11/2022: “Cycles of Belonging: A Water Service” Rev. Lyn Marshall

It is sometimes said that each of us is a drop in the ocean. Water cycles through many states - would it be so bad to be a snowflake? Or a molecule of steam? You are invited to bring a small sample of water that has significance to you to pour into our shared waters as we start a new church year together.

9/18/2022: “Belonging: What Is It, Anyway?” Kay Read

When we first think of belonging, we might conjure up fuzzy, wonderful feelings of supportive, close relationships. I know I did; but is it that simple? Does belonging always mean a group of people in community living harmoniously? Could it also mean an activity that fosters belonging, or maybe belonging could be closely associated with a place? What happens when you don't belong? Judi Abbe, Janet Kibbee, and Emmett LeBlanc each will share with us their very different ideas about what belonging means to them.

9/25/2022: “On Belonging in a Democracy” Rev. Lyn Marshall

What does it mean to belong in a democratic nation? How do we balance our freedom with our responsibility? Our fifth principle says we affirm and promote the right of conscience and the use of the democratic process in our congregations and in our society at large. What does this call us to DO?

Please check your eBulletin for weekly worship leaders and themes.

October's sermon theme is: Courage

Please send us pictures for our new
MONTHLY SLIDE SHOW
that you feel represents this theme.

Send to diary@concorduu.org by **September 25.**



Have You Remembered Your Church in Your Will or Estate Plan?

William Walker, Jr., was an early benefactor to this church. In 1882, he left a significant legacy gift to help support the church in perpetuity. Augmented by subsequent legacies from devoted church members over the years, these carefully invested funds have enhanced our church's financial security to this day.

In 2004, the Church founded The William Walker Society to honor his legacy. Society membership is accorded to members and friends who have left, or have planned to leave, a legacy for the Church from their estate.

Would you commit a legacy gift to our Church? By doing so, you will be helping ensure that it remains a source of spiritual nourishment and support, and a vital force for good in the world.

Your legacy gift may be made in memory or in honor of a cherished family member or revered friend.

If you would like further information or guidance, Legacy Committee members David Canfield or Jack Wakelin would be glad to help.



Contemplative Corner

Exploring Mindfulness and Community: 6 weekly sessions, beginning October 9

The Contemplative Practices Group invites you to join us this fall for a 6-week introduction to mindfulness practice. You'll be introduced to new tools, new perspectives and new companions for your spiritual journey.

WHAT: 6 consecutive Sunday sessions, one hour each. Each session will offer instruction in a different mindfulness practice, and will also introduce you to a different regular group within the Contemplative Practice community. Sessions will be facilitated by Jeanne Ann Whittington and Margaret Fletcher, with instruction offered by Lucia Cote, Betsy Black, Marjorie Moulton, Craig Whitson and Rae Houseman. You'll receive weekly resource materials to support you in developing a daily practice in between Sunday sessions. Participants are encouraged but not required to attend all 6 sessions.

WHEN: After Sunday services (11:30 AM to 12:30 PM) for 6 consecutive weeks, beginning October 9 and concluding November 13.

WHERE: In person in the Chapel at Concord UU, and also online via Zoom.

WHO: Everyone welcome! This program is designed to be a thorough introduction to mindfulness practice, and also an opportunity to refresh and/or continue one's practice in the company of others.

HOW: Sign up at uuconcordnh.breezechms.com/form/a5f644. If you have any questions about the program, feel free to contact Jeanne Ann Whittington at jawhittington3@gmail.com



The Art of Non-Doing: REMEMBERING EMPTINESS

—a meditation retreat led by Rae Houseman

Saturday, September 10th 9am-4pm

UU Church of Concord, NH, 247 Pleasant St.

About the retreat: Our culture places much value on “doing.” Consequently, we often identify with what we’ve achieved from our doing and can orient ourselves to meditation practice as if we are doing meditation. In this retreat, we will take time to observe our habitual tendencies toward doing and practice relaxing from them. When we stop doing, we allow our mind to rest in its natural state, a state of awareness. When awareness is present, wisdom is cultivated naturally, without having to do anything to manifest it. Wisdom allows us to see reality more clearly and remember its true nature: emptiness.

Register here: [\\$25](#) ∞ (scholarships available)

There will also be an opportunity to offer dana to the teacher! For more information contact: heidi@concorduu.org

About Rae: Rae Houseman is a meditation teacher, mindfulness mentor, and trauma therapist. She holds a Master’s degree in Somatic Psychology and is a certified Somatic Experiencing Practitioner. Rae brings a kind and earnest sense of inquiry into her engagement with the practice and is passionate about integrating mindfulness into daily life activities in support of a more embodied approach to the practice. She has practiced extensively in both the Insight Meditation and Vajrayana traditions and finds the interweaving of these approaches to be complementary of a deeply compassionate and discerning practice.

Bounce Back into Sunday School



1st, 2nd, & 3rd Sundays (Sept-May)
Sign-up Online | Begins Sept 18

Bounce Back to Church!

We are so excited to be able to welcome our children and youth back to church in person! Some important upcoming dates:

September 11: Fall Picnic and Bouncy House after our all-ages Water Service

September 16: Youth Group begins, Fridays from 7:00-9:00 pm

Youth Group is open to 8th graders who have completed Our Whole Lives and any 9th-12th graders.

[Register by clicking here](#)

[also click here for Field Trip & Overnight Permission Form](#)

September 18: Second Hour & Church School begin

Soul Matters Circle for children ages 4-12 [Register Children Here](#)

This program provides developmentally appropriate ways for children to engage with the same monthly themes the adults are exploring in worship. Soul Matters Children's Circles meet the 1st, 2nd, and 3rd Sundays of each month through May.

Building Bridges for ages 13-adult [Register Children Here](#)

This is a program to learn about world religions while deepening one's understanding of Unitarian Universalism. There will be a limited number of spaces available for adults this year as we experiment with a multigenerational approach. Building Bridges meets the 1st, 2nd, and 3rd Sundays of each month through May. **Interested ADULTS should email lyn@concorduu.org.**

Second Hour Programs for teens & adults

Choose from a worship discussion, a TED talk, or a contemplative practice offering and spend an hour deepening your experience in community. Second Hour programs are held on 2nd and 3rd Sundays, followed by a Community Luncheon.



Compost Collection

by Belinda Nerl

Thank you, if you have been contributing to our Church Compost Bins on the front driveway. They were emptied in the spring and were used to fertilize church beds on both sides in the front!! Now they are waiting for your contributions. Maybe this time of year your compost pile at home, has a fresh layer of garden trimmings and underneath the newest rotting veggies or leftover crudités, is a decomposed black dirt-like compost, I applaud you for not sending compostable items to the trash. Your garden will love you, too, when you spread it or use it to enrich soil for new plantings. But if you don't have a home compost, please consider donating to the church compost. We need your rotten crudités!

DONATIONS ACCEPTED

- eggshells
- coffee grounds, (filters included is fine) or tea bags, preferably without staples, tags are OK
- rotten veggies from your fridge clean out
- peels from oranges, bananas, apples, avocados, etc
- rancid nuts, or smelly rice or grains
- moldy spaghetti sauce
- rotten onions or potatoes that smell like somebody/something died
- even dryer lint, or dust buster dirt

Don't dump it in your trash can, bring it to church. (Don't leave it on Heidi's desk either.) You don't even need to bring it in the building- Drive right up beside the black compost bins in the front, park your car, get out with all your goodies for deposit, turn a lid, any lid, to unlock, toss your compostable waste in, AND, this is important, turn the lid to lock when you are done, and drive away.

As long as you have a refrigerator, there is no excuse for not composting. First of all, you have at least one thing that has gotten moldy in there, or maybe you just overbought and couldn't eat all those peaches, right? If that happens bag it up and put it in the freezer, starting your frozen compost collection and bring it frozen to the church, whenever you remember it. If you don't mind the smell of rotting food, you could put the rotten stuff in a small bucket or bowl with a cover and leave it on your counter or under the sink and bring that to church every Sunday. Maybe washing it out in between. (I have an uncovered bucket under our sink I empty at home every couple days and it hardly ever smells.)

However you bring your compost, thank you for Recycling! Reducing!(waste) and yes the church will Reuse! (in a year or two). Next month I'll write about composting at home or just ask me.

Belinda Nerl, bjnerl@comcast.net



Soul Matters

SHARING CIRCLE

September Soul Matters theme: Belonging

Click on the name of each event for more information or inspiration.

Interfaith Holidays:

- [Rosh Hashanah](#) - Jewish New Year - Sept. 25-27, 2022
- [Mabon/Autumn Equinox](#) - Wicca - Sept. 22, 2021
- [Rumi's birthday](#) - Sept. 30 (1207)

Unitarian Universalist History:

- Ingathering/Water Communion Ritual - Early Sept. - date varies by congregation
- [The first meeting of the Transcendentalist Club](#) - Sept. 19 (1836)
- Universalism Day: [John Murray](#) preaches [1st sermon](#) in US (1770) - Sept. 30

Soul Matters Year

Sept Belonging
Oct Courage
Nov Change
Dec Wonder
Jan Finding Our Center
Feb Love
Mar Vulnerability
Apr Resistance
May Creativity
June Delight

Are you looking to join a Covenant Group?

Covenant Groups are circles of 10-12 people who gather monthly to explore their values, their experiences, and their questions as they relate to a monthly topic. Many of our groups explore the monthly worship theme in their meetings.

To learn more about Covenant Groups please visit concorduu.org/get-involved/covenant-groups/

If you would like to know more or ask to join a covenant group, please contact lyn@concorduu.org

[Click here](#) for an example of a monthly theme sheet that a covenant group might use at their gathering.



2022-23 Calendar of Church-wide Events

This listing is for non-recurring events only - see recurring events on Page 18 with the Monthly listings.

☺ denotes a child-, youth-, or family-friendly event & * not a church program, but UUs encouraged to participate

SEPTEMBER

- Sept 4 Sun ----- Last Summer Service
- Sept 10 Sat ----- Contemplative Retreat: The Practice of Non-Doing: Remembering Emptiness
- Sept 11 Sun ----- Water Communion Service ☺
----- Fall Picnic ☺
- Sept 16 Fri ----- Youth Group Begins ☺
- Sept 18 Sun ----- 2nd Hour Learning, Service & Practice followed by Community Luncheon Begins ☺
----- Children's Village & Sunday School Begins ☺
- Sept 23 Fri ----- Autumn Equinox Ritual - Earth Centered Spirituality Gr (rain date 24) ☺
- Sept 24 Sat ----- *CROP Walk | Ending Hunger One Step at a Time ☺
- Sept 25 Sun ----- **Membership Fair**
----- Mystery Match sign up week ☺

OCTOBER

- Oct 2-9 Week----- Family Promise Week**
- Oct 2 Sun ----- Mystery Match **sign up Deadline** ☺
- Oct 5 Wed ----- *Walk a Mile in her Shoes (W.A.M.) ☺
- Oct 9 Sun ----- Mystery Match pick up postcards & **Mailing #1** ☺
----- Exploring Mindfulness & Community: 6wk session (**wk 1**)
----- Taize Begins
- Oct 16 Sun ----- Exploring Membership Group #1
----- Exploring Mindfulness & Community: 6wk session (**wk 2**)
----- Mystery Match **Mailing #2** ☺
- Oct 23 Sun ----- Exploring Mindfulness & Community: 6wk session (**wk 3**)
----- Mystery Match **Mailing #3** ☺
----- Church Leadership Workshop
- Oct 28 Fri ----- Youth Group Overnight ☺
- Oct 29 Sat ----- Samhain Ritual | 7 pm - Earth Centered Spirituality Group ☺
- Oct 30 Sun ----- Exploring Mindfulness & Community: 6wk session (**wk 4**)
----- Mystery Match Reveal Party ☺
----- Exploring Membership Group #2
----- Fall Grounds Cleanup ☺ (Rain/Snow date Nov 6)

NOV

- Nov 6 Sun ----- Daylight Savings Time Ends
----- Exploring Mindfulness & Community: 6wk session (**wk 5**)
- Nov 9 Sun ----- Exploring Mindfulness & Community: 6wk session (**wk 6**)
- Nov 19 Sat ----- Thanksgiving Dinner ☺
- Nov 20 Sun ----- Exploring Membership Group #3
- Nov 20-21 Sun-Mon UU Friends of Refugees Thanksgiving Basket Assembly & Distribution ☺
- Nov 24-25 Thurs-Fri Church Office Closed | Holiday**
- Nov 26 Sun ----- UU Friends of Refugees Holiday Giving Tree Set Up in Parlor ☺

DECEMBER

- Dec 2-3 Fri-Sat----- Wreaths & Soup CheerRaiser (leader needed) ☺
- Dec 4-11 Week----- Family Promise Week**
- Dec 4 Sun ----- Exploring Membership Group #4
- Dec 11 Sun ----- New Member Covenanting
- TBD TBD----- Caroling with the Homeless
- Dec 21 Wed ----- Winter Solstice/Yule Ritual – Earth Centered Spirituality Group ☺
- Dec 24 Sat ----- **5 pm** Christmas Eve Carols, Candles & Stories: Family Service ☺
- Dec 24 Sat ----- **6:30 pm** Christmas Eve Community Dinner ☺
- Dec 24 Sat ----- **9 pm** Christmas Eve Music & Reflection Service

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JAN

Jan. 1 Sun -----New Years Day Service ☺
 -----New Year's Day Games and Chocolate ☺
 Jan. 7 Sat -----Day Long Self-Led Meditation
 Jan. 15 Sun -----Exploring Membership Group #1
 Jan. 22 Sun -----Exploring Membership Group #2
 Jan. 29 Sun -----Sabbatical Feedback & Ideas Forum

FEB

Feb. 3 Fri -----Youth Group Cupcake Bake Off & Judging ☺
Feb. 5-12 Week-----Family Promise Week
 Feb. 12 Sun -----Exploring Membership Group #3
 Feb. 19 Sun -----Mystery Match sign-up week ☺
 Feb. 24-25 Fri-Sat-----Insight Meditation Weekend Retreat
 Feb. 26 Sun -----Everybody's Birthday ☺
 Feb. 26 Sun -----Mystery Match sign up Deadline ☺

MARCH

March 1 Wed-----Michael Returns from Sabbatical
 March 4 Sun -----Mystery Match postcard pick up & **Mailing #1** ☺
 March 12 Sun -----Daylight Savings Time Begins
 -----Mystery Match **Mailing #2** ☺
 March 18 Sat -----Spring Equinox Ritual – Earth Centered Spirituality Group ☺
 March 19 Sun -----Mystery Match **Mailing #3** ☺
 March 24-26 Fri-Sun-----9th Annual Mindfulness Contemplative Retreat Weekend
 March 26 Sun -----Mystery Match Reveal Party ☺
 -----Exploring Membership Group #4

APRIL

April 2 Sun -----New Member Covenanting
 April 5 Sun -----Exploring Membership Class #3
 April 6 Thu -----Maundy Thursday Communion Service ☺
 TBD TBD-----Passover Seder Supper ☺
 April 9 Sun -----Easter Worship ☺
 -----Egg Hunt ☺
 -----Last Taize
April 9-16 Week-----Family Promise Week
 April 22 Sat -----1/2 Day Meditation Retreat
 April 30 Sun -----Long-time Member Breakfast & Recognition

MAY

May 5 Fri -----Beltane Ritual – Earth Centered Spirituality Group ☺
 May 7 Sun -----Spring Grounds Cleanup ☺ (Rain Date 14)
 May 14 Sun -----Youth Led Worship Service ☺
 -----Coming of Age Ceremony ☺
 May 20 Sat -----Plant & Yard Sale ☺
 May 21 Sun -----Budget Forum
 May 25 Thurs-----Budget Forum


JUNE

June 2-3 Fri-Sat-----UU Village Camp-in ☺
 June 4 Sun -----Annual Meeting
 -----Music Sunday ☺
 -----Calendar Planning for all church leaders email request
 June 4-11 Wk-----Silent Auction in Parlor
 June 11 Sun -----Flower Communion Service
 -----Church Picnic & Auction | Church Photo
 -----Calendar Planning for all church leaders due
 June 16-18 Fri-Su-----Ruddigore Performance - "Fun" raiser
 June 18 Sun -----Summer Worship Services Begin
 June 24 Sat -----Summer Solstice/Litha Ritual-Earth Centered Spirituality Group
 June 21-25 Wed-Sun-----General Assembly of the Unitarian Universalist Association in Pitts, PA

September

BIRTHDAY WISHES

Happy birthday to our Members, Friends, and their children, for whom we have birthdays in our church records. If you want to be included on future birthday lists, enter your birthday in your Breeze profile or email it to heidi@concorduu.org.

- 
- | | | | |
|----|------------------|----|--------------------------|
| 2 | Judi Soule | 14 | Ann Burnside |
| 3 | Ugo Tosco | 14 | Dima Soule |
| 4 | Rachel Burlock | 15 | Richard Blood |
| 5 | Henook Cooper | 15 | Andy Duncan |
| 6 | Chris Johnson | 24 | Bobbie Herron |
| 7 | Warren Haslam | 28 | Dick de Séve |
| 9 | Becky McWilliams | 29 | Erin Stewart |
| 12 | Clayton Savoy | 29 | Tori McWilliams Meinecke |
| 13 | Jim Downie | 30 | Roger Ballou |
| 13 | Liz Whiting | | |

Games & Chocolate

Friday, September 2

6:30-8:30 pm

Fellowship Hall



Come join us for the first Friday of every month & bring a friend.

Lawn Games Welcome | Bring a snack to share if you like.

Membership Fair

Sunday, September 25

Our Membership Fair will offer a glimpse into the many opportunities the church offers for learning, service, alternative worship, and more. Learn about “Second Hour” programs for adults, and what curricula are offered for children. Find out about family friendly programs like Games & Chocolate. Consider if a Covenant Group or Choir might be just the thing to help you connect more deeply with the congregation. Learn how to use our fabulous electronic directory and get your photo taken for it. Explore the meditation and mindfulness groups and retreats we offer. And more!

Displays will be set up in the Parlor, Front Courtyard, and the Back Patio areas after the service. If you lead any church program, you are invited to have a display.

Please let Lea Smith (lea@concorduu.org) know if you would like to have some table space to share your church activity or project.

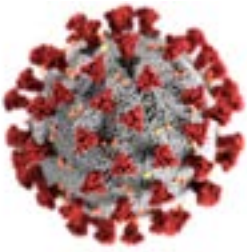


SAVE THE DATE

Annual Fall Grounds Clean-up

Sunday, October 30

After the service and social hour



NEW COVID POLICY

As you are probably aware, the CDC has recently issued [new COVID guidance on masks, quarantine and isolation](#). In keeping with this guidance, the Pandemic Policy Team is relaxing most of our COVID restrictions while we remain in a “[low risk](#)” area. We have adopted new [COVID Policy 3.0](#), and we are in Phase 1 of this policy.

Masks

Masks can inhibit the communication and connections we all come to church for, and we can't wait to see your smiles. **We won't require masks** unless you have been exposed in the last ten days, or have symptoms of respiratory illness. We remain mask-friendly for those who want to wear them, and we will continue to have them available. Wearing a mask provides quite a bit of protection even if those around you are not wearing one, and we encourage everyone to make the choices that feel best to them about masking.

Exposures

Please wear a mask for 10 days after exposure. [Click here](#) for more info about what to do if you're exposed.

For those who have COVID

If you test positive or have symptoms and are awaiting test results, please don't come to church for at least five days (maybe ten) according to the [CDC guidance](#) for your situation. The CDC says that even if you qualify to end your isolation after 5 days, you should still mask until day 10.

The CDC is updating its quarantine and isolation calculator. We will publicize that tool when it's available.

Vaccinations

Vaccines are not required for most folks, with these exceptions: All staff, all volunteers working with children, and the choir must have a primary vaccine series plus at least one booster. Vaccinations are one of the things that allow us to loosen restrictions and because they greatly reduce the chance of hospitalization or death if you do catch COVID. So please stay up to date on your vaccines and boosters to protect us all.

Many of you will rejoice in this news. Some may feel afraid, or have mixed emotions. As a community of care, we are providing many ways for people to participate even if they feel particularly at risk. Our vibrant livestream is available to those both near and far. We will facilitate hybrid gatherings to include people from home for Second Hour, Covenant Groups, and more.

Our policy continues to have a phased response so we can quickly move back to more restrictive phases if circumstances warrant. We certainly hope that won't happen and that we can continue to enjoy each others' smiles and good company for a long time to come.

In celebration,

The Pandemic Policy Team

Jeff Fetter, BJ Entwisle, Rev. Lyn Marshall, Belinda Nerl, Heidi Page, Jim Schlosser, and Lea Smith



Save the Date! Church Fall Picnic September 11

After service on **Sunday, September 11**, we will celebrate the beginning of our church year with our fall potluck picnic, and we want YOU there! We'll offer a bevy of grilled items including plant-based options, but need your delicious side

dishes and desserts as well. As a reward, you will receive the thanks of your fellow congregants and the pride of taking home a scraped-clean dish! This is a family-friendly event, so please bring your kids—as a bonus, we WILL have a bouncy house!

Please fill in this form to indicate if you'll be coming, and specify if the dish you're bringing is a side dish or dessert! Thank you, and hope to see you there!

Who Do I Contact For...?

If you are interested in a particular church program, or have questions about just about anything, we have a comprehensive list of church leaders you can get in touch with.

[Connect to the list here.](#)

Breeze Online Directory

Members and Friends of Concord UU have access to an online church directory. In Breeze, you can look up other members and friends, and keep your contact info up to date. For more info about Breeze, go to <https://concorduu.org/member-resources/>

If you need an account, please email breeze@concorduu.org.

Print Directory is Coming Soon

Draft directories will be available on **Sept 11 and 18** for you to confirm or update your contact info. The Directory will be printed in October.

If you make purchases for the church...

by Lea Smith, Director of Membership & Administration

With the increasing popularity of electronic receipts and invoices, we have a new form to request payment: <https://uuconcordnh.breezechms.com/form/f2&d3a>. Please use this form rather than emailing your request.

If you have a paper receipt, you can still fill out a pink payment form available in the church office, attach the receipt, and leave it in my inbox.

Completing either the electronic or paper form will help ensure transparency and timely, accurate payment. Thank you for your help!

Exploring Membership at Concord UU

Our next Exploring Membership Group will start on October 16. For those considering membership in the Concord UU, this group will give you an opportunity to:

- Meet and bond with others who are exploring membership
- Learn about Unitarian Universalism in general, and the way that it is expressed in our congregation
- Understand the rights and responsibilities of membership
- Learn more about the many opportunities available at Concord UU.

The Exploring Membership Group will meet for 4 sessions. You must attend all 4 sessions in order to become a member. If there are extenuating circumstances you may speak to Lea Smith (our Director of Membership & Administration) about a waiver of this requirement.

Dates of Exploring Membership:

October 16
October 30
November 20
December 4

For those who choose to join, the New Member Covenanting Ceremony will take place on December 11 during the Sunday morning service.

[Sign up by clicking here.](#)



GROUNDS GRATITUDE to:

LeRoy Anderson, Faithe Miller Lakowicz and Fran Philippe for weeding from the Sanctuary Entrance to the East Entrance. And to guest Chris, from Texas, for lending a hand.

Agnes Sesay for weeding under the solar panels and the “solar” shrub bed.



Greater Concord Interfaith Council CROP Walk

The annual CROP Walk, sponsored locally by the Greater Concord Interfaith Council and nationally by Church World Service will be held **Saturday, Sept. 24**. The walk will begin at **1:00 PM at the Church of Jesus Christ of Latter-Day Saints** at 90 Clinton Street in Concord with **team registration at noon**, introductions & announcements at 12:30. Refreshments at the church afterward. The Crop Walk benefits local food pantries and international food and water development programs.

Questions? Contact UU GCIC representative Suzanne Rude.



UU Friends of Refugees

UU Friends of Refugees (UUFOR), has had a busy and varied summer. We continue to support several families with basic needs, transportation, cultural education, and emotional support. We have assisted several children with the opportunity to attend camp and others with recreational or sports programs. One of our wonderful volunteers gave swimming lessons to prepare two children for camp who had never had the opportunity to learn to swim. During the heat wave, through the generosity of another volunteer, portable air conditioners were purchased for two families. There has been help navigating our medical

system and finding medical practitioners to use their limited insurance or provide free care. The most fun were family trips to the parks with swimming, a barbeque, and of course, toasted marshmallows. Now our focus is on helping parents understand the school system and purchase appropriate supplies & clothes to begin the year. We are a team that surrounds each family with a Circle of Support. We work to create trust, independence, and confidence, help with skill building, and language development, and enjoy friendship. We treat each of our new neighbors with respect, knowing we are all interdependent. If you'd like to know more about UUFOR, want to contribute financially and/or join the team please contact our UUFOR chair, Bevan C. Tulk at uurevbct1@gmail.com



Looking for Singers & More

There is still time to join us and sing Concord Light Opera Company's (CLOC) performance of Gilbert and Sullivan's Ruddigore on **June 16, 17, and 18, 2023**. This is the last fund raiser for our church that CLOC will produce. We welcome all who are interested either on stage or as support crew. We are specifically in need of all voices for chorus parts. Audio guiding tracks for all parts will be provided and live weekly rehearsals have started.

Join the fun on Tuesdays at the church at 6pm. If you have ever had interest in doing theatre productions please contact our director, Linda Ashford at lindalashford@comcast.net or by phone / text at 603 496-1594



SEPTEMBER Special & Ongoing Events

Please see our eBulletin each week and online calendar for the most up-to-date listing of meetings, events, and happenings at concorduu.org/calendar

Links are available through private emails, through eBulletin, and Parish Notes.

SPECIAL EVENTS

- Tuesdays @ 6 pm | **Gilbert & Sullivan's Ruddigore Rehearsal**
- Fri, Sept 2 @ 6:30 pm | **Games & Chocolate**
- Sun, Sept 4 @ 10 am | **Last Summer Worship Service**
- Wed, Sept 7 @ 7 pm | **Children's Program Volunteer Training (w/ childcare)**
- Thu, Sept 8 @ 7pm | **Choir Rehearsal Begins (All Welcome)**
- Sat, Sept 10 @ 9 am-4 pm | **Contemplative Retreat: The Practice of Non-Doing: Remembering Emptiness**
- Sun, Sept 11 @ 10 am | **Water Communion Service**
- Sun, Sept 11 @ 11:15 am | **Fall Church Picnic**
- Fri, Sept 16 @ 7 pm | **Youth Group Begins**
- Sat, Sept 17 @ 2 pm | **Celebration of Life | Mary Lou Kelly**
- Sun, Sept 18 @ 11:30 am | **2nd Hour Learning, Service & Practice Begins**
- Sun, Sept 18 | **Children's Village & Sunday School Begins**
- Sun, Sept 18 @ 12:30 pm | **Community Luncheons Begin**
- Fri, Sept 23 @ 7 pm | **Fall Equinox Ritual | Earth Centered Spirituality Group**
- Sun, Sept 25 | **Mystery Match Sign-ups**

ONGOING EVENTS

- Mon-Sun, 7-7:30 am | **Daily Silent Morning Meditation | Zoom**
- 1st & 3rd Mondays @ 6 pm | **Kripalu Yoga & YogaMeds | In-person (look for details in eBulletin)**
- 2nd & 4th Mondays @ 6 pm | **Meditation | Zoom**
- Mondays @ 6 pm | **LGBTQ+ AA mtg Come As You Are* | Kent/Thomas Rm 8/9**
- 2nd Tuesdays @ 1 pm | **Chronic Pain Support Group* | Online**
- 1st Wednesdays @ 3 pm | **Friendly Kitchen Prep & Serve Day**
- 1st Wednesdays @ 6:30 pm | **UU Friends of Refugees (UUFOR) Committee Mtg | Zoom**
- Thursdays @ 7 pm | **Choir | In-person & Zoom**
- 1st Thursdays @ 7 pm | **Showing Up for Racial Justice* | Online**
- Fridays @ 7 pm | **Youth Group | In-person & Zoom**
- 1st Fridays @ 6:30 pm | **Games & Chocolate | Fellowship Hall**
- 3rd Fridays @ 4 pm | **Insight Meditation Sangha | Zoom**
- 2nd Saturdays @ 4 pm | **Renaissance New England* | Parlor**
- Sundays @ 5 pm | **Augustine Fellowship* | Library**
- 4th Sundays @ 7 pm | **Caring for Aging Loved Ones | Zoom**

*Support or special interest groups that are not affiliated with the church. They meet in person, hybrid or on Zoom and are open to anyone interested in attending. Check calendar for contact information.



Church Office Hours

Regular Hours (Sept-Mid June)
Tues, Wed, Thurs, and Fri | 10 am - 3 pm
Before stopping by please check web calendar for other days we might be closed.

Parish Notes Hard Deadline
Sunday, Sept 18
Please send to ParishNotes@ConcordUU.org



Why donate? Reduce waste in landfills. Clothing is used at disaster sites throughout the US and worldwide. If our refugee families or local homeless shelter needs clothing we can provide it to them.

Only Items Accepted: All clothing, shoes, sneakers, belts, purses, blankets, towels, sheets, pillowcases, curtains, and stuffed toys. Your donations will be redistributed as whole garments.

Staff

Senior Minister | Rev. Michael Leuchtenberger
603-715-7557 (cell) michael@concorduu.org
CURRENTLY ON SABBATICAL

Minister of Lifespan Faith Development
Rev. Lyn Marshall
603-568-8084 (cell) lyn@concorduu.org

Dir. of Membership & Administration | Lea Smith
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Office Administrator | Heidi Page
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Accompanist | Calvin Herst
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Choir Director | Alex Hunton
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Dir. of Facilities and Technology | Robert Baker
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A/V Operations Assistant | Sara Butcher

Childcare Provider | Maria Ruelas

Custodian | Agnes Sesay

Intern Minister | Jeff Beland
267-908-5929 jeff@concorduu.org

Intern Minister | Dan Frye
410-241-7006 dan@concorduu.org

Officers

- Treasurer** | Karen Mayo
- Custodian of Investments** | Jack Wakelin
- Assistant Treasurer** | Lorraine Ellis, Ann West
- Moderator** | Barbara Keshen
- Clerk** | Sara McNeil

Board of Trustees

- Chair** | Kelly Mahony
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- Sally Hirsh-Dickinson
- Roger Ballou
- Karen Cox

Unitarian Universalist Church of Concord

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RETURN SERVICE REQUESTED

WE NEED HELP!

Our church's Spring fundraiser show is in jeopardy (moved to June 2023.) Similar to HMS Pinafore or Pirates of Penzance this show, Ruddigore, is full of tongue-in-cheek satire, bizarre plot twists and memorable songs.



Although a few people have volunteered to help with the production we still have specific roles that need to be filled. These are:

- 1.) Three more voices for tenor and bass chorus parts
- 2.) Two People to help with costumes – more organizational skills/minimal sewing
- 3.) Stage hands to help with set
- 4.) Operators for spot lights & sound equip.
- 5.) Off stage props support
- 6.) Marketing person to manage advertising, play bill and publicity
- 7.) Ushers for all 3 performances
- 8.) Teleprompter operator
- 9.) Refreshments coordinator

Most of these jobs are supporting the existing cast and crew. Lead decision making responsibility not required. If more information is needed please contact Gary Schroeder at: gpschroeder55@yahoo.com