

**NOV
2021**

Parish Notes

Newsletter of the Unitarian Universalist Church of Concord



Fellowship on Sunday Mornings

The name tag rack is now located in the rear of the sanctuary for easy access no matter which entrance you use. After the service, please keep your name tag on for social time. Then, drop it in one of three baskets conveniently located: 1) outside the front Sanctuary entrance, 2) in Fellowship Hall, or 3) inside the east entrance. Someone will return them to the rack before next Sunday.

Until COVID subsides, we won't be offering refreshments during social time. If you tend to be parched after the worship service, please bring along a beverage to enjoy outdoors.



A Celebratory Milestone

This serves as an announcement of celebration and accomplishment, as well as a reminder of best practices for managing safely the Covid-19 pandemic within our church community. On October 24, for the first time since COVID, we reached our in-person capacity of fifty people attending services in our sanctuary! While this is a wonderful milestone in returning to normal, it also proves a good time to remind congregants that until Covid-19 statistics improve in New Hampshire, we are restricting in-person attendance to fifty in the sanctuary. However, we can seat another forty congregants in Fellowship Hall to watch the service via the live stream. So, please keep coming in-person to church as you are able, but know that if we reach our capacity in the sanctuary, you may be respectfully directed to Fellowship Hall.

Additionally, please remember that to attend worship you must be vaccinated and wear a KN-95 mask, two surgical or a cloth mask with a surgical.

Finally, at the end of services, please proceed outside for Social Time before any structured Second-Hour activities begin at approximately 11:30 a.m. Thank you for your attention to these reminders and we look forward to your in-person participation for future Sunday services.

New Requirements

Changes to Events for Parish Notes & eBulletin

Our requirement is now that all event changes need to be made by the 2nd to the last Friday, in order to make it into Parish Notes the following month. All bookings should be in 2 weeks before the event and no changes 2 weeks prior to the event, so as to be accurate in the eBulletin.

Cover photo by Eric J Simon, Ph.D. - [Biology Professor, Author, Traveler and Photographer](#)



Minister's Musings

As Lucy Hone put it in her [2019 TEDTalk: “Resilient people get that ‘sh*t’ happens.”](#) She had been studying resilience for over a decade, was familiar with the research, yet found it woefully inadequate when forced to find her own resilience in the aftermath of a car accident that killed her 12-year-old daughter. During the time of grief that followed, she identified three approaches that made a real difference. Here is a summary of what she found:

We’ve all dealt with adversity and suffering in one form or another - a loss, a broken heart, a natural disaster, being bullied, made redundant, mental illness, physical impairment, a pandemic and more. Resilient people understand that they are not being singled out by God or the universe. They know that “sh*t” happens, that suffering is part of life. It doesn’t mean they welcome the suffering, but they don’t experience it as discrimination against them personally.

Number two, resilient people are good at choosing carefully where they select their attention, managing to focus on the things that they can change, and somehow accept the things that they can’t. This is part of the overarching move away from feeling like a victim and instead assuming a sense of agency by being an active participant in the grief process.

One practice she found helpful was to think of three good things that had happened to her each day. Her own experience confirmed the studies that have shown higher levels of gratitude, happiness and less depression over a six month study period.

Number three, resilient people ask themselves, “Is what I’m doing helping or harming me?” This was the go-to question in the days after her daughter died. “Should I go to the trial and see the driver? Would that help me or would it harm me?” When pouring over old photos late at night, getting more and more upset, she’d ask herself, “Really? Is this helping you or is it harming you? Put away the photos, go to bed for the night, be kind to yourself.”

So when you feel you could use a resilience booster (along with your vaccine booster), may you remember these three insights Hone is offering:

- 1.) It’s not just you.
- 2.) Get into a routine of noting three things you are grateful for today.
- 3.) And ask whether what you are about to do is actually helpful or might be harmful.

All easier said than done, but I believe she is right that resilience can be learned, and that moving from victim to active participant is key to regaining our balance and peace.

With love and a wide open heart.

Michael



November Worship Services | Theme: Holding History

Live stream our worship services at concorduu.org/live

11/7/2021 “Truth & Consequences”

Rev. Michael Leuchtenberger & Dr. Home Nguyen

History is the narrative that allows us to make sense of the past, that throws its shadow on the now, and that restrains our imagination going forward. History matters because it frames our perception of the truth. And our understanding of truth depends on who writes our history - with great consequences for those featured in the center and those ignored or relegated to the margins. Home Nguyen, managing partner at the MindKind Institute, returns to us to reflect on the historical truths and perspectives that have shaped his life as a refugee from Vietnam, as a person of color in this day and age, and as a coach and teacher of leaders, entrepreneurs, and educators.

Our First Sunday drop-in covenant group will focus on our monthly theme of “Holding History”. All are invited to participate. Revs. Lyn Marshall & Michael Leuchtenberger will facilitate on Zoom and in person.

11/14/2021 “The Baggage We Carry” Rev. Michael Leuchtenberger

We arrive in each moment loaded with gifts - earned and unearned, desired and disdained, enduring and short-lived. How do we honor these gifts (and liabilities) while also creating space for new narratives to emerge that are less burdened and defined by the baggage we carry? We will look at the traditions, rituals, and practices we use individually and as a culture to celebrate and let go of the history we hold and the history that holds us. If you have a story to share, please let Michael know.

11/14/2021 Taizé Service (please see [page 11 & 15](#) for more information or [click here](#).)

11/21/2021 “The Containers of our History”

Rev. Michael Leuchtenberger & Joanna Henderson

The monuments we erect and venerate, the symbols we treasure or despise, and the texts, art and music that capture and embody our history all offer opportunities for holding up a mirror, for learning about ourselves, and for atoning for our past. Join Michael and Joanna as we explore the impact of local and national containers of our history.

11/28/2021 “Let’s Talk Turkey” Rev. Lyn Marshall & Whitney Howarth

There is a cultural narrative about the First Thanksgiving that the United States retells on the third Thursday of November each year. However, humans have gathered for harvest celebrations and feasts of gratitude since long before colonists shared a meal with Wampanoag people in Plimoth, and our reasons for continuing the tradition of a national Thanksgiving celebration four hundred years later are many and varied. Our understanding of what happened at that particular meal has grown more complex as we listen to how different people tell that story. What is the history of your Thanksgiving traditions?



Holding History, Keeping the Faith

Our November theme is one that I am both eager and a little anxious about exploring. I was raised to be proud of my heritage - I had ancestors who came over on the Mayflower and were immortalized in a Henry Longfellow poem about Miles Standish and John and Priscilla Alden. At Thanksgiving, I felt like I had deep roots that went back to the first feast in Plimoth, where, as I was taught the history, indigenous people and European colonists had a friendly, shared experience of gratitude for the harvest.

Of course, now I know that the history - my history - is far more complicated than that. All of us whose ancestors came from Europe and settled as colonists who relentlessly encroached on indigenous land and culture share an uneasy relationship with our history. Is it our job to atone for the harm our ancestors caused? If so, what would that look like?

I sometimes like to play "what if" - what if my ancestors had been more respectful of the people who were here before they arrived? What if they had viewed them as neighbors instead of savages? But we have no control over the "what ifs" of history. We do have control of "what if" now - what if we embrace the idea of reparations? What if we embrace the work of antiracism and increase our capacity to be respectful of and curious about the many different cultures that now coexist on this land? What if we work together to create a sustainable way of life that allows future generations to continue the work?

I am looking forward to hearing about your history, and thinking with you about how the way we hold history impacts our present and our future.

Lyn

Lyn Marshall is the Minister of Lifespan Faith Development



Minister's Musings



Grounds Gratitude . . .

to Jim Downie

- for “blowing out” the underground black pipe and spigot by the solar array so they won’t freeze.

Grounds Invitation

November 14 at 11:30

(Note different from last month)

The annual family fall grounds clean-up will be held on Sunday, November 14th after the service. Bring your favorite rake and join in the fun!

Young Adult Revival Network: YARN

If you are between 18 and 39, we encourage you to visit www.uuyarn.org to learn about worship and other opportunities to connect with other Unitarian Universalist young adults across the country and the world. The Young Adult Revival Network (YARN) is a program run out of the First UU Society of San Francisco.



Meet Robert, our new Sexton

I grew up in Minnesota and studied engineering at Montana State University. After graduating I moved West, worked in industry and traveled Europe via EuroRail pass and made a couple trips to Eastern Europe. I returned to school again in Washington State, completing a second BS in Biochemistry, then stayed to complete a graduate degree in surface chemistry. Following this were moves to Colorado, more work in industry and eventually moving to Concord, NH.

A dear friend had her memorial here which was my introduction to a Unitarian Universalist church. My daughter and I attended services after the memorial and we became friends of the church. These days you may see me riding a bicycle on the streets of Concord, a skill learned long ago in Minnesota and practicing since.

As the Sexton it is my pleasure to bring skills and knowledge to assist and provide support for the mission of the church to the congregation and community. I look forward to meeting new and existing members and others as we share this planet in space and time.

Coffee Hour Caution provided by YARN:

This classic one page guide is a resource for older generations on how to better and more respectfully talk to young adults. Print it, post it, and show it to everyone.

Coffee Hour Caution

...advice for greeting young adults at church

X - Avoid saying:

“How old are you?”

Why: Is age so important? There’s no good answer. Avoid this one altogether.

✓ - Say instead:

“What did you think of the service today?”

X - Avoid saying:

“Are you new here?”

Why: A young adult may have been attending for years, you just haven’t met them. This implies you think they don’t belong in the church.

✓ - Say instead:

“I don’t think we’ve met, my name is...”

X - Avoid saying:

“When are you planning to have kids?”

Why: Having or not having kids is a private matter and not one people may want to discuss. This implies you only value young adults for their future children, not as a peer adult, here and now.

✓ - Say instead:

“What brought you here today?”

X - Avoid saying:

“What do you do?” or “What year are you in school?”

Why: For those who are un- or under-employed, work is a tricky question; assuming someone is a student implies you think they are of a certain age or life stage. Give them the chance to talk about whatever is meaningful, which might not be school or a job.

✓ - Say instead:

“So tell me about yourself...”

X - Avoid saying:

“We need more young people!”

Why: Like everyone else, young adults want to be seen for who they are, not as a token for their age.

✓ - Say instead:

“Great to meet you!”

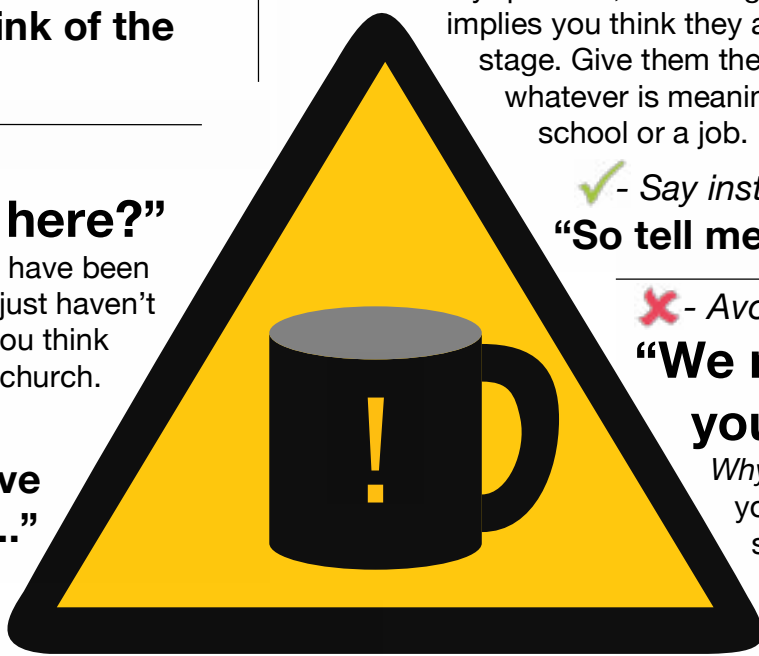
X - Avoid saying:

“Have you met our other young adult?”

Why: Young adults enjoy friends of all ages. Welcome them into faith and fellowship.

✓ - Say instead:

“Can I introduce you to my friend?”



✓ DO: Introduce yourself • Make friends • Be interested • Reach out • Respect boundaries



November BIRTHDAY WISHES

Happy birthday to our Members, Friends, and their children, for whom we have birthdays in our church records. If you want to be included on future birthday lists, enter your birthday in your Breeze profile or email it to heidi@concorduu.org.

- 2 Daniel Leuchtenberger
- 7 Chris LeGrand
- 8 Lorraine Ellis
- 9 Iain Downie
- 10 Autumn Knowlton
- 13 Hewie Pollard Messenger
- 14 Steve Roberts
- 17 Peggy Herbert
- 21 David Canfield
- 21 Maggie Hyndman
- 23 Deb Bridges-Cooper
- 23 Geoffrey Terragni
- 24 Autumn Meier
- 26 Fran Hopper
- 26 Sue Koerber

Soul Matters Themes Coming Up

Nov | Holding History

Dec | Opening to Joy

Jan | Living with Intention

Feb | Widening the Circle

Mar | Renewing Faith

Apr | Awakening

May | Nurturing Beauty

June | Celebrating Blessings

Calling All Families & Friends!

Holding History Walk

Sunday, November 7, 2021 at 2:00 pm

A small group of individuals & families had a wonderful time hiking together on the Winant Park trails last month. This month, I hope even more of you will come on **Sunday, November 7, 2021 at 2:00 pm** for our **“Holding History”** walk around the church campus. There will be a take-home packet with activities for children ages 4-12, and a packet of materials to help parents (and anyone else, really) explore our monthly theme in a variety of ways on your own, with kids, with your partner, and even with your friends beyond church. Let's all meet in the front courtyard!





Serving the Community: Remembering Julie Green

Our congregation made a commitment several years ago to be a visible leader in the effort to end homelessness in the greater Concord area. When Julie Green, the director of the Homeless Resource Center, suddenly and tragically died of cancer on October 14, 2021 at the age of 37, we did not hesitate when the Concord Coalition to End Homelessness reached out to Michael to see if we could help coordinate a community memorial service for her.

Many thanks to all of you who answered the call from our Caring Network and donated cookies and finger foods, helped move chairs and tables, and set up and served food and drinks to the crowd that gathered on the lawn next to the Concord Coalition to End Homelessness building (formerly First Congregational Church). We celebrated a remarkable woman who was remembered for her ability to see the worth and dignity of every person she served, however rough their exterior.

And, once again, the public address system we bought, with our community partners and ourselves in mind, ensured that everyone was able to hear the beautiful memories of Julie that were shared. It felt good to see our congregation helping in so many ways - and working side by side with members of other congregations - to honor a community hero gone too soon from our midst.



Chocolates Outdoors & Games Indoors Friday, Nov 5, 2021 6:30-8:30 pm Front Courtyard & Fellowship Hall

It's a bit too cold to be playing games outside so this month we are moving it indoors, with eating of snacks out in the front courtyard 6 feet apart. Please wear a mask - with a smile underneath to share as we learn to live in a community still altered by an ongoing pandemic. **Since it is just past Halloween, feel free to dress up in your costume one last time!**



Highlights of the October BOT Meeting:

- Board met and greeted new intern ministers.
- Board voted to appoint two new board members to fill midterm vacancies (Roger Ballou and Craig Whitson).
- Board covenant, elements of policy-based governance, and the theme for the coming year were discussed.
- Significant Operations accomplishments were summarized.

Taizé Service Nov. 14 at 7 pm

Our monthly **Taize-style services** are on the second Sunday of every month (October through April), and we would love to have you join us online or in-person for an hour of meditative singing, a brief reading, a period of extended silence, and candle lights.

Contemplative music will welcome you by 6:50 pm and the service will begin at 7 pm. If you come to the sanctuary we ask that you are vaccinated, wear a double or (K)N-95 mask, sit 6 ft apart from other households, and sing softly. Online you can find the service live streamed at concorduu.org/live.

Our Taize Service strives to be a contemplative and spiritual experience for anyone seeking inner peace and a loving, compassionate heart. As one participant put it: *"A time of beauty and peace for body and spirit"*



Meet Daniel B. Frye, Intern Minister

Daniel (Dan) Frye is one of two Intern Ministers now serving the Unitarian-Universalist Church of Concord for a two-year term, as part of the requirements to graduate from the Meadville-Lombard Theological School, one of the two seminaries that focus particularly on preparing Unitarian Universalist (UU) Ministers for their ministries. Dan is married to Renee West; has one younger sister, Deb; and two lovely nieces, Kayla (27) and Katelyn (23) who are each finding their way in this world as young adults.



Dan and Renee moved to Concord in July 2019 when Dan accepted his current day job as Administrator of Services for the Blind and Vision Impaired (SBVI), a statewide division of the Bureau of Vocational Rehabilitation, New Hampshire Department of Education. In this capacity, Dan is responsible for developing programs that cultivate skills of independence, help to facilitate acquisition of integrated, competitive employment, and management of other obscure, grant-related monitoring responsibilities. Work administering programs similar to this, and advocacy related to promoting the civil rights of blind and vision impaired people, has characterized his almost 30-year career. Dan earned his Juris Doctorate (law degree) at the University of Washington, School of Law in Seattle, Washington, in June 1993 and his BA in History, with a minor in Government, from Erskine College, nestled in the foothills of the Upper State of South Carolina, in August 1990.

Fun facts to know about Dan include that he and Renee lived in New Zealand for almost three years from November 2002 to March 2005, where he served as the National Advocate for the Association of Blind Citizens of New Zealand (ABC NZ), a grassroots organization of blind and vision impaired Kiwis, where he concentrated on equipping the ABC NZ with skills to launch a political and legislative program for the country. While in the country, Dan was instrumental in helping to overhaul the blindness education system, bringing accessibility features to taxi cabs and ATM machines, and authoring an accessibility guide for use by ABC NZ leaders to use in creating a legislative agenda at the local, provincial, and national regions of the country.

Personally, Dan enjoys travel, extensive reading of multidisciplinary books of interest (both nonfiction and fiction), and listening to a diverse array of music from all genres and styles. Dan and Renee have just adopted two small dogs, Starshine and Roy, to give their otherwise quiet home a sense of excitement and animation. Thus far, both Starshine and Roy are serving their purposes fabulously.

In closing, Dan is a blind person, so introduce yourself by name when you speak to him each Sunday, and in the fullness of time, he will master your voices and be able to interact with all of you, much as anybody else would. Dan is looking forward to his two-year internship at the Concord Unitarian Universalist Church.

Interacting with congregants and visitors, either as a listener or as a facilitator of group activities, will prove a pleasure for him as part of his ministerial formation.



Meet Jeff Beland, our Intern Minister

I am a 37 year old white married gay man. I was not raised in a church of any kind and did not join my home congregation of UU Nashua until the fall of 2017. I came to UU Concord because I live in Nashua, NH. Upon entering seminary, I needed to have a minister serve as my supervisor which is how I was told about UU Concord by Rev. Allison Palm who felt that it would be a good fit for me.

As for my goals, I hope to continue making progress in seminary towards the goal of graduating with my Master's in Divinity. From there I hope to then pursue parish ministry as a career in the New England region.

Another goal I have is to connect with congregants, staff, and volunteers to understand more fully the ways in which Unitarian Universalism helps them to grow, learn and serve. It is my goal to use my time with all of you to look at ways of working to help the world become a more just and compassionate place.

What's a Soul Matters Sharing Circle?

It's described as an opportunity to explore and directly experience our congregation's monthly worship themes. But that description doesn't do justice to my Soul Matters experience. For me, it offers a sacred space to connect with others and with my own intuition or inner truth. Soul Matters practices and questions provide a means to connect my faith to my life in a way that has offered me perspective and insights for dealing with life challenges. At one point during our group work, I found myself reflecting on the symbolism of the raven as a 'messenger of the Gods' or as a spiritual messenger. I was inspired to create this painting which serves as a symbol of the Soul Matters Group experience...of deep spiritual connection.

Sue Posluszny, Church Member

Is a Soul Matters Sharing Circle for you?

A pilot group spent six months last year using the Soul Matters Sharing Circle materials for a small group experience similar to a Covenant Group, with the addition of spiritual exercises, questions, and resources to explore throughout the month. We found this intentional engagement prior to our meetings led to deep, rich sharing and mutual discernment as we explored the month's theme (the themes are the same as our monthly worship themes.)

Two members of that group found it so rewarding that they are stepping up to become facilitators themselves so we can continue the first group and add a second.

There are limited openings available for a group that meets on third Tuesdays from 7:00-9:00 pm starting November 21, 2021, and a second group will start in January 2022, day and time to be determined.

If you would like to look at a Soul Matters packet to get a sense of what kinds of exercises, questions, and resources are provided, **November's packet is "Holding History."** (This link is a paid subscription for Concord UU congregants only; please do not share this packet with others.)

To request to join a Soul Matters Circle, [click here](#).



"The Messenger" by Sue Posluszny

Mixed media. Tissue paper, acrylic paint and acrylic marker, stamping, spray paint/stencil. The raven is white acrylic paint/marker on black tissue paper.

Quotes of James Luther Adams

(To learn more about this UU historical member see page 19)

"Everyone is a theologian, either conscious or unconscious, in the sense that everyone has some conception of the nature of reality, of the demands of reality, and of those elements in reality that support or threaten meaningful existence."

"Religious liberalism affirms the moral obligation to direct one's effort toward the establishment of a just and **loving** community."

"The faith of a church or of a nation is an adequate faith only when it inspires and enables people to give of their time and energy to shape the various institutions - social, economic, and political - of the common life."

"We are not a religious tradition with a creed, but a religious movement that has always wedded social justice work to theology."

"Church is a place where you get to practice what it means to be human."



UU Friends Of Refugees (UUFOR) Afghan Family Donation List

Thanks to all who donated their items so generously for the incoming refugee families, and a great big thanks to Whitney Howarth for all her hard work in arranging the collection.

Ascentria has asked us to use some of the material donations for a new family from Burundi, and we joyfully agreed. With a very generous donation from a church member, we were able to buy several beds for the one Afghan family whose arrival has been delayed for a few weeks. There are still many donated items waiting for a good home, we expect for an Afghan family. If you have any concerns with the donations being redirected to the Burundian family, which we realize is unexpected, please be in touch with the UUFOR leadership via the church office by **November 7**.

Holiday Phone Outreach November 17 and 18

Our third biannual phone outreach to members and friends will happen on November 17 and 18 in the evening. Members of the Board of Trustees and Operations Leadership Team will make friendly phone calls to help maintain connections with each and every person in our congregation.

The Pastoral Care Associates made similar calls last spring. Betsy Black wrote, "I was very touched to get a phone call last spring from Lyn [Marshall] when church leaders called everyone in the church. I felt comforted and supported during a tumultuous time."

There is no set topic or agenda for this call and it's definitely NOT a fundraising call! So if you see an unknown number on your caller ID on November 17 or 18, we encourage you to answer and connect with a new friend or re-connect with an old friend.

Taizé Service

Second Sundays @ 7 pm
(October to April)

Unitarian Universalist Church
274 Pleasant St, Concord, NH
(603) 224-0291 • www.concorduu.org

Live Streaming and In Person



Join us for an hour of

Meditative Singing

with instruments,
a brief reading, silence, and candlelight.

"A time of beauty and peace for body & spirit."

A contemplative and spiritual experience
for people of any faith tradition or none. All are welcome!



Sign-up Now Thanksgiving Dinner(s) November 20

Be a guest at our small gatherings on Saturday, November 20. Co-chairs Renee West and Franz Vail invite fellow congregants to sign up for our special Thanksgiving celebration.

To ensure the safety of the hosts and other guests, we require that you be fully vaccinated and have passed the two-week point since your second shot.

If you would like to sign up to be a guest, send an email to Renee at yolandor@icloud.com.

They look forward to hearing from you!



Gather 'Round!

Although we cannot hold our typical Thanksgiving feast at the church this year, but want to offer an opportunity for our congregation to come together, we have decided instead to organize smaller-scale Thanksgiving dinners for our community so we are still able to celebrate the bounty of nature and the connections that sustain us.

We are envisioning small groups, of about 6-8 individuals, spending time together in the homes of hosts for a celebratory meal on **Saturday, November 20** (the Saturday before Thanksgiving). We have secured approval for this event from the Pandemic Policy Team, with the caveat that participants must meet certain criteria, such as having been fully vaccinated, to ensure everyone's safety.

For those who signed up to host, please note that resources are available so please save your receipts. If you have questions about hosting, please contact Renee West who, along with Franz Vail, is organizing this event. **NOTE: The deadline to sign up for hosting has ended.**

Those who would like to be guests will have an opportunity to sign up **now through November 9.** (Please see article on page 15 for more details.)

Renee may be reached at yolandor@icloud.com or by phone at (410) 371-3934.

Can You Help Our UU Thanksgiving Food Basket Project?

Over the years, our church has become renowned for our Thanksgiving boxes. The idea started with two simple premises: let's give away the sort of food we use in a feast – fresh, not canned, and let's recognize that not all people in our community eat the exact same food. With that in mind, we build 25 baskets with fresh squash, carrots, sweet and white potatoes. Our friends in the Nepali community get rice and dal; African families get rice and small red beans. We ask each family if they would like a turkey, some goat, chicken, hallah chicken or extra vegetables.

Our project depends, in part, on generous donations to a Community Plate, as well as funds from the UU-FOR budget. It also requires significant volunteer labor. If you'd like to get involved, here are several ways to help:

- Are you friends with a New American family who would like to receive a basket? Can you deliver that basket?
- We need a few strong volunteers, with either a truck or a large car, to pick up part of our order from Market Basket. They sell us many of the vegetables and most of the non-perishable goods at a substantial discount. The order can be ready either **Sunday, November 21** (and dropped in Fellowship Hall after the Sunday service), or **Monday, November 22, by 4:30**.
- We might also need help with the turkeys. Most stores limit us to one or two of the most inexpensive turkeys. You can store it in your freezer and bring it to the church freezer on **Sunday, November 21**. You will be reimbursed for your purchase.
- **Monday, November 22, starting at 5 pm**, we will build the baskets. You'll get a 'shopping list' that lets you know how much of each item to put into the box. This is a great volunteer opportunity for families with kids.
- Some of our baskets go to Merrimack Valley Day Care Services, on N. Fruit St. and to Mill Brook School. The boxes of food and the meat will be in the kitchen. If you are packing boxes with us on Monday, you can take them home with you. If you're not packing boxes with us, you can pick them up on **Tuesday, November 23 between 10 and 1**.

Know a New American who needs a basket? Are you able to help deliver baskets, buy turkeys, or pick up our order from Market Basket? Please contact Cheryl Bourassa by November 9 cbourassa59@gmail.com.

Would a Thanksgiving basket enrich your holiday?

You can confidentially request one from Lea, Michael, or Lyn until November 9. Please let us know how many in your family and your preference for protein (turkey, chicken, tofurkey, or legumes.)

You can pick up baskets between 10 and 1 on Tuesday November 23.

Delivery may be available if you let us know by November 9.

Call Lea at 603-224-0291 ext 4# or send your request to Lea@ConcordUU.org, Lyn@ConcordUU.org, or Michael@ConcordUU.org

NOVEMBER Special & Ongoing Events

Please see our calendar online for the most up-to-date listing of meetings, events, and happening:

Be sure to check out our **NEW** website calendar by [clicking here at concorduu.org/calendar!](http://concorduu.org/calendar)

Thank you Lorraine Ellis for all your testing & behind the scenes work to make this happen!

Links are available through private emails, through eBulletin, and Parish Notes.

NOTE: Office Closed on Fri, Nov 5, Tues, Nov 9, Thurs & Fri, Nov 24 & 25

Wed, Nov 3 @ 7 pm | UU Friends of Refugees (UUFOR) | Zoom

Fri, Nov 5 @ 6:30 pm | Games (inside) & Chocolates (outside) | Fellowship Hall & Front Courtyard

Sat, Nov 6 @ 7 pm | Samhain Ritual (Earth Centered Spirituality Group) Visit our calendar for more details.

Sun, Nov 7 @ 2 pm | Family & Friends "Holding History" Walk at Church

Sat, Nov 13 @ 11 am | Celebration of Life for Katie Dunn | by invitation only & Live Streamed due to COVID

Sun, Nov 14 @ 11:30 | Annual All-Congregation Church Grounds Fall Clean-Up

Sun, Nov 14 @ 7 pm | Taizé Service | Sanctuary & Live Streaming

Wed, Nov 17 & 18 | Congregational Outreach Phone-a-thon

Sat, Nov 20 | Gather Round! Thanksgiving Dinners (please see page 15 & 16 for more information)

Mon, Nov 22 @ 5 pm | UU Friends of Refugees Thanksgiving Basket Assembly

Tue, Nov 23 10 am - 1:00 pm | UU Friends of Refugees Thanksgiving Basket Pick Up & Delivery

ONGOING EVENTS

Mondays @ 6 pm | Kripalu Yoga | Meditation | YogaMeds | **NOTE: Zoom**

Mondays @ 6 pm | LGBTQ+ AA mtg Come As You Are*

1st Tuesdays @ 7 pm | UU Friends of Refugees (UUFOR) Committee Mtg | **NOTE: Zoom**

2nd Tuesdays @ 1 pm | Chronic Pain Support Group* | **NOTE: Online**

1st Wednesdays @ 3 pm | Friendly Kitchen Prep & Serve Day

1st Thursdays @ 7 pm | Showing Up for Racial Justice | **NOTE: Online***

Fridays @ 7 pm | Youth Group

3rd Fridays @ 4 pm | Insight Meditation Sangha | **NOTE: Zoom**

2nd Saturdays @ 4 pm | Renaissance New England* | **NOTE: Fellowship Hall**

Sundays @ 5 pm | Augustine Fellowship*

4th Sundays @ 7 pm | Caring for Aging Loved Ones | **NOTE: Zoom**

*Support or special interest groups that meet at the UU, Zoom, or hybrid during COVID and who are not affiliated with the church, but open to anyone interested in attending.



Office Hours

NOTE OFFICE CLOSED ON:

Fri, November 5 because Heidi will be in North Carolina and this is Lea's day off.

The staff is going on a field trip to the Nashua UU on **Tues, November 9**.

Thurs. & Fri, November 24 & 25 for Thanksgiving

Regular Hours (Sept-Mid June)

Tues, Weds, Thurs, and Fri. | 10 am - 3 pm

Interfaith Holidays/Rituals

[All Saints Day \(Christian\) - Nov. 1 \(more here\)](#)
[All Souls Day - Nov. 2 \(more here and here\)](#)
[Samhain \(Wiccan\) - Oct. 31 - Nov. 1 \(more here\)](#)
[Diwali: Festival of Lights \(Hindu\) - Starts Nov. 4, 2021](#)
[Advent \(Christian\) Nov. 28 -Dec. 24, 2021 \(more here and video here\)](#)
[Hanukkah \(Jewish\) - Nov. 28 -Dec. 6, 2021 \(more videos here and here\)](#)

Staff

Senior Minister | Rev. Michael Leuchtenberger
715-7557 (cell) michael@concorduu.org

Minister of Lifespan Faith Development
Rev. Lyn Marshall
568-8084 (cell) lyn@concorduu.org

Dir. of Membership & Administration | Lea Smith
224-0291 x4 lea@concorduu.org

Office Administrator | Heidi Page
NEW ext. 224-0291 x1 heidi@concorduu.org

Accompanist | Calvin Herst
calvin@concorduu.org

Choir Director | Alex Hunton
alex@concorduu.org

A/V Operations Assistant | Noah Leuchtenberger

Sexton | Robert Baker
robert@concorduu.org

Finance Assistant | Christina Oliva

Officers

Treasurer | Karen Mayo
Custodian of Trust Funds | Jack Wakelin
Assistant Treasurer | Lorraine Ellis
Moderator | Barbara Keshen
Clerk | Sara McNeil

Board of Trustees

Chair | Ann Hoey
Vice-Chair | Kelly Mahony
Secretary | Jim Schlosser
Anne Drewniak
Roger Ballou
Craig Whitson

Unitarian Universalist History *(click names and "here" for links)*

[James Luther Adams birthday - Nov. 12 \(more here\)](#)
[Francis David died in prison on Nov. 15 \(1579\) \(more here\)](#)

Unitarian Universalist Church of Concord

274 Pleasant Street
Concord, NH 03301-2551

603-224-0291

office@concorduu.org

www.concorduu.org

RETURN SERVICE REQUESTED

Create some fun 3D paper sculptures for
Thanksgiving and share them to

Diaries@ConcordUU.org

