



Minister's Musings

Rev. Michael Leuchtenberger

As we say each Sunday: "Let this be our covenant: ... and to help one another." These words have been at the core of so much of our ministry this winter. I don't recall another time since my arrival in Concord with so many of us in need of care or involved in providing care. Whether it is people slipping on the ice, or people facing the effects of cancer or other scary medical diagnoses. Whether its people suffering from the impact of dementia and other mental health challenges, or people grieving the loss of spouses, parents, children, and other loved ones. And then there is the seasonal darkness affecting many and the anxiety lots of us feel around the general state of the world.

Let us remember to be gentle with each other. And gentle with ourselves. And kind. What self-care will ground us to find the strength, patience, and courage we need - as we give and receive? May we remember the Ring Theory which reminds us to "Comfort In" and "Dump Out."

Let me explain: In most situations there are concentric circles of care. In the center is the aggrieved or afflicted person. Surrounding that person is a circle of a few people who are the closest, often family or a best friend. Surrounding that circle is another circle, a circle of true friends, surrounded by additional circles of colleagues, acquaintances, members of the community, and ultimately friends of friends and the general public.

What the Ring Theory suggests is that we recognize where in the concentric circles of care we are located and then provide whatever comfort we can toward the center of the circle ("Comfort In") while we use the circles on the outside to find strength and process what has been challenging ("Dump Out"). For example, if my sister is in the hospital and I am part of her inner circle of support, I provide what care I can and then turn to someone in an outer circle if I frustrated about a nurse or another sibling, or need time to process my own sadness or fears. Even if my sister has always been the strong one, this is not the time to lean on her.

It has been inspiring to see how our church community has been a part of so many circles of care this winter. Thank you for being there - listening, singing, cooking, driving, smiling and touching (when invited), crying and laughing, calling and visiting, writing cards and checks, connecting in love. And thank you to those who have asked for support - for trusting your congregation, for having the courage to be vulnerable, and for being gracious and forgiving when our circles failed to show up or comfort as intended.

With love and affection,

Michael

*Connecting
in Love
and Service*

*Growing
spiritually*

*Transforming
Ourselves and
the World*

March Worship Services *Livestream our worship services at concorduu.org/live*

March 3, 2019 | 10 am | “Our Christian Womb” | Rev. Michael Leuchtenberger

Institutionally, Unitarian Universalism emerged directly out of the trinitarian, staunchly Calvinist churches founded by the Pilgrims and Puritans. By the early 1800s, the more orthodox churches refused to exchange pulpits with the more liberal ministers, accusing them of the heresy of unitarianism. In 1819, William Ellery Channing responded to the accusation by publicly embracing the Unitarian label. His sermon “Unitarian Christianity” was one of the most influential sermons ever preached in the United States. It is also a reminder that Unitarianism began as a biblical faith. What made it so remarkable? How do his words still speak to us today? *Our first Sunday drop-in covenant group will focus on our monthly theme of “Christianity”. All are invited to participate. Rev. Lyn Marshall will facilitate.*

March 7, 2019 | 2 pm | “Christian Voices in the Unitarian Universalism” UU Worship Service at Havenwood Heritage Heights, 33 Christian Ave, Concord | Rev. Michael Leuchtenberger

What are the Christian Voices within Unitarian Universalism saying? How do they connect their UU faith with the message of Christianity? How is your own identity shaped by Christianity?

March 10, 2019 | 10 am | “Our Christian Wounds” | Rev. Lyn Marshall

Today’s Unitarian Universalist congregations, our own included, include both people who identify as Christian and people who have fled from Christian institutions that harmed them emotionally, spiritually, and physically. How do we worship together, celebrating our own and our shared spiritual journeys, when the very words or music that connect one person to the holy opens wounds and causes pain for the person next to them in the pew? Can all find healing and deeper faith together somehow? What would Jesus do?

March 10, 2019 | 7 pm | “Taize @ Concord UU” | Rev. Michael Leuchtenberger

A time for meditation, reflection, and renewal through music, brief words, and silence. Come sing, light a candle, and nurture your spirit during this non-traditional worship experience.

March 17, 2019 | 10 am “Claiming Jesus” | Rev. Michael Leuchtenberger

Some of us identify as Christian, some don’t. Regardless, Jesus has something to offer to all of us. The stories he told and the stories that are told about him are powerful because they speak to longings and hopes, to struggles and paradoxes we all recognize no matter our context. Come and listen to Christian voices in Unitarian Universalism. Come and listen for the UU voices within the story of Jesus. Come claim Jesus in your own personal way. And let Michael know if you have a story to share.

March 17, 2019 | 7 pm | “Dances of Universal Peace” | Sarah-Elizabeth Anderson

The Dances of Universal Peace are an embodied practice based in mantras from many world religions. Walking practice, prayer, sound current vibration, and gentle full body movement create an atmosphere of heart centered peace.

March 24, 2019 | 10 am | “The Practice of Leaving Nothing Out”

Rev. Michael Leuchtenberger, Jeanne-Ann Whittington, & Margaret Fletcher

Many of us are initially drawn to meditation practice as a way of finding peace in the turmoil of our own lives and the world we live in. This is understandable, good and necessary. And yet on our cushions, we find that the full range of human experience is present. We find not only peace and clarity, but also confusion, conflict and denial. Can our practice be a radical act of opening to it all? What if we were to turn towards whatever we find, with curiosity and whole-heartedness? *This Sunday service concludes our Weekend Mindfulness Meditation Retreat (see p. 11). Please enter the sanctuary in silence as we open ourselves to the practice of leaving nothing out.*

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Reflections

Rev. Lyn Marshall, Minister of Lifespan Faith Development

I am excited, and a bit nervous, about March in our congregation. Our worship theme is Christianity, which over the past half century seems to have become the most challenging world religion for us to discuss and experience as Unitarian Universalists. It's definitely the most challenging world religion for me. Some of what Jesus taught, about loving ALL our neighbors and praying for those who persecute us, is central to my religious faith, but I have not been able to will myself to believe some of the tenets of Christian doctrine, and I find some of the ideas - about Jesus being sacrificed to atone for the sins of others, or that accepting Jesus as one's personal savior is the only way to salvation - to be very problematic.

It is one of life's funny and joyful mysteries that I find myself leading our lifespan faith development program, and I am looking forward to hearing from as many of you as are willing to share with me about what Christianity means to you. How do we make good on the greeting we offer each Sunday, that we support each other on our own, and our shared spiritual journeys? What should we be teaching our children about Jesus, about Christians, and about God? What DO we teach them by our example; by what we say and do, and by what we don't say and don't do?

It is a bold and exciting experiment to be a Unitarian Universalist today, as we attempt to build a beloved community that embraces theological diversity. Let's talk about how we're doing at embracing the Christians among us, and healing the wounds that others of us have felt in our interactions with Christian churches and Christian institutions.

Peace be with us - see you in church.

Lyn

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March 31, 2019 | 10 am | “A UU-Christian Dialogue”

Rev. Michael Leuchtenberger & Pastor Kevin Twombly

It can be so easy to get stuck stereotyping those who hold different beliefs or values. When doing so we deny ourselves the opportunity to learn from one another, to meet each other in empathy and compassion, and to find commonalities that would allow us to work toward shared goals. Today’s service will be a dialogue between a liberal UU and an evangelical Christian. Michael will be joined by Kevin Twombly who serves as the lead pastor of Restoration Foursquare Church, a church he founded after pastoring at Grace Capital Church for 19 years. Our goal is to listen carefully and with an open heart to one another, seeking first to understand, and only then to be understood.



Special Targeted Appeal

“8/9 Bedrooms”

\$4,000 (Goal)

This winter we converted Rooms 8 & 9 to offer bedroom spaces for families hosted by our Family Promise program. The families now have much improved privacy, better noise protection, and generally nicer surroundings. The shift to Rooms 8 & 9 has also opened up Fellowship Hall for more congregational use during Family Promise weeks. And Family Promise set-up has been simplified.

To prepare Rooms 8 & 9 for use by Family Promise, the fire marshal required a number of modifications. We had to add an exit door with electric signage, two smoke detectors, two fire alarms, and a fire alarm pull. Thanks to the dedication of several volunteers & staff the work was completed & approved just in time before our Family Promise guests arrived at the end of January.

The total cost of the work amounted to \$4,000. A community plate has generated just over \$1,000. We need an additional \$3,000 to cover these unbudgeted expenses. Please contribute as you are able to this important outreach effort of our church.

Make checks out to UU Church of Concord and drop them in the box, or donate online at concorduu.org (click “Donate” [top right] and select “Targeted Appeal” in the dropdown).



NEW YOGA CLASS – Meditation in Motion

1st and 3rd Mondays, Beginning March 4, 2019 at 6 PM

Unitarian Universalist Church of Concord, NH, 274 Pleasant St.

Beginning March 4th, Marjorie Moulton, Certified Yoga Instructor, will be offering a yoga class on the first and third Mondays of the month at 6 PM in the Chapel.

This will be a beginner level yoga experience that combines meditation with mindful movement and seeks to find the connection between the mind, body, and spirit. It is intended to be meditative and relaxing while providing a good healthy stretch for the body. It is suitable for all.

Participants should bring a yoga mat and dress in loose, comfortable clothing. Layers are suggested.

There is no fee for the class but donations to the church will be accepted to help cover the cost of using the room.

Please contact Marjorie directly at mamoulton@yahoo.com with any other questions.





SECOND HOUR

| LEARNING

| SERVICE

| PRACTICE

Sunday, March 10, 11:30 am-12:30 pm

Worship Theme TED Talk & Discussion

Watch a TED talk on the theme of Christianity and participate in a facilitated discussion led by Joanna Henderson.

Spiritual Practice | The Tibetan Rites of Rejuvenation: Five Daily Movements that Enhance Health

As presented in the “Ancient Secret of the Fountain of Youth,” by Peter Kelder, led by Betsy Black

Ageing Journey Wisdom Circle

Rev. Pat Hoertdoerfer & Linda Williams

No matter your age or stage in life, come join the Ageing Journey Wisdom Circle! We explore personal perspectives on the art of ageing, collect wisdom for the road ahead, and share our stories with humor and gratitude. Our theme this year is ANCESTORS. Our ancestors are the people gone before us – blood relations or family of mind and spirit-who guide, instruct and inspire us. Mentors, friends, heroes, teachers, ancestors of faith – all have a part in shaping who we are, and we carry all of them forward with us. As we reflect on our storehouse of memories, you are invited to bring the names of ancestors and sacred places that have given you a sense of sanctuary. Bring a photo or two to share and of course your heritage stories.

Class | Christ for Unitarian Universalists Part 1

Rev. Michael Leuchtenberger will lead a two-part class based on the book by the same name, authored by Unitarian Universalist minister Scotty McClennan. McClennan set out to accomplish three things: to present Christ in an understandable and compelling way to the increasing number of people who do not consider themselves Christian, to present liberal and progressive Christians with the non-dogmatic way that Unitarian Universalists have

viewed Christ through the Bible and personal experience, to promote active dialogue between non-Christians and the nearly 80% of Americans who identify themselves as Christian. Reading the book is recommended but not required; [pre-register here](#) and order a copy if you'd like to purchase the book from the church bookstore.

Sunday, March 17, 11:30 am-12:30 pm

Worship Theme TED Talk & Discussion

Watch “Why the Only Future Worth Building Includes Everyone,” a 2017 TED talk by His Holiness Pope Francis. This talk is in Spanish with English subtitles. Facilitated discussion to follow the video.

Spiritual Practice | Restorative Yoga

Rebecca Nann will lead a restorative yoga class with sound and energy healing. Wear comfortable clothing and bring a yoga mat or blanket to practice on. Be prepared to sit on the floor, rest in gentle postures supported with yoga props, and enjoy guided breathing and meditation

Class | Christ for Unitarian Universalist: Part 2

Led by Rev. Michael Leuchtenberger. Participants will continue to explore themes from Scotty McClennan’s book, *Christ for Unitarian Universalists: A New Dialogue with Traditional Christianity*. (You do not need to have attended the first session to participate.)

Study/Action Group | Towards Right Relationship with Native Peoples

Rev. Pat Hoertdoerfer and Linda Williams invite folks of all ages to learn about Native peoples – past and present – in our area and NE region. We encourage non-Native individuals to look into their family settler stories and see how they intersect with the Native populations who were displaced by European settlement. If you'd like to learn about Native cultures and explore relationships through the land, contact Pat or Linda for a bibliography of resources. Come with your curiosity and questions as we consider how to begin to take steps toward dialogue, justice and healing with Native peoples.



March Family Promise Volunteer Opportunities

What a joy it was to meet the families who are in the Family Promise of Greater Concord at the church door as they arrived for their February stay with us. They were happy to be back at our church. They wanted to know if some of the people who volunteered last time would volunteer again. The families feel welcomed and care for by the people of this congregation. Thank you for helping to provide a safe, warm space and hot meals for families.

We will host our third week beginning March 24th through March 31st. New volunteers are always welcomed and needed. If you would like to provide food please email Barbara Keshen at bkeshen@comcast.net If you can spend a few hours hosting during the evening or stay overnight you can sign up at church or contact Wendy Olson wmoo808@comcast.net †

Covenant Group Enrollment

Covenant groups are groups of ten to twelve people who meet monthly for a check-in and facilitated discussion of a topic of interest. Some of the groups explore our worship theme and others choose their topics as a group. These groups allow our members and friends to develop deeper relationships with people in the community and to form circles of care for mutual celebration and support in times of struggle. Members are expected to make a commitment to participate regularly for at least a year. If you would like to join a group, [please click here](#) to complete an enrollment form.

If you are not ready to make that level of commitment, there is a Drop-In Covenant Group that meets after church on first Sundays, October through June. This group explores the worship theme for that month, and you are welcome to attend when you are able. †

Testimonials

My Spiritual Journey: The Latest Step, Pastoral Care

By Judith Abbe

(abridged version of her testimony at the worship service on March 3rd)

To give you a perspective on my spiritual journey, let me tell you about my fifth grade teacher at our Catholic school in Manchester, NH. Soeur Anne Cecile had an arthritic bend at the tip of her index finger, which she waved about frequently. “Le bon dieu tu vois” she’d say, pointing to a poster above the classroom door. A single large godly looking eyeball, as wide as the door casing, was watching. This was often followed by “Le bon dieu ta punis”, so we learned to behave. Thus my introduction to fear based religion. I behaved for a very long time.

Until I didn’t! In the mid 90’s I entered graduate school, where many of my unexamined beliefs came into question. It was there that a classmate suggested... the Unitarian Universalist Church. My first visit was to this very sanctuary. I remember the feeling, walking in through those doors, and looking around. Absent were icons of suffering and sacrifice... A fluid and accepting feeling... put me at ease. The hymns were so joyful. I was moved to tears. I felt relief that a place such as this existed. The UU Church has since become a spiritual home for me. In this home fear is not worshiped. We are not told what to believe. Instead, we are encouraged to be curious about our beliefs.

Over the years I gradually became more engaged in UU life, first through adult Religious Education (RE) programs, including the mindfulness and meditation practice, and now on the pastoral care team, a role I have come to cherish... We visit homebound folks and respond to needs of our congregants as they arise. You see us at Sunday services assisting with joys and sorrows. What I have found most rewarding is the connection that has developed with the people I visit or otherwise reach out to, with my fellow pastoral care associates, and with our ministers...

To get back to Soeur Anne Cecile, I know now that she taught what she believed to be true at the time. I’ve also come to understand that fear does not foster connection, and that choice is available in every moment. †

Reflections on My UU Church of Concord Upbringing

By Sara Koerber Galantowicz

(abridged version of her testimony at the worship service on February 17th)

When I was in elementary school, my parents announced one day that our family would start going to church... And so we became UUs and church grew to be central in defining my early life. I loved this church (and still do). I loved sleeping on the floor with my friends the night before Easter, waking up early to watch the sun rise and to search for ceramic mushrooms in the woods. I loved singing Silent Night by candlelight on Christmas Eve, and helping serve and clean up at the community dinner the weekend prior to Thanksgiving. I loved visiting other churches and learning about other religions. I loved coffee hour, acting in plays for the congregation and dancing around the maypole each spring. I was dedicated in this church, married here and attended memorial services for close family friends in this beautiful octagonal sanctuary with its floor-to-ceiling windows.

And so, when I had a family of my own, there was no question about their religious upbringing. I wanted my daughters to have the same experience. And by and large they have. As RE “lifers” at our church in Arlington, MA...

The wonderful thing I discovered as an adult is that you can still keep learning, long after you get too old for Sunday school. I have had the gift of unexpected spiritual growth through the sermons, conversations, introspection and epiphanies that have resulted in a deeper understanding and refinement of my own faith... your UU faith and your church can be with you your whole life. I had this place to give me great memories and friends when I was growing up, my children had their own special church experience, and I hope you are making friends and memories here, too. †

Transformed by Contemplative Practice

By Kim Gillis

(abridged version of her testimony at the worship service on February 24th)

I’m a relatively new Friend of the UU, but over the last six years, my inner life has been transformed, largely through the inspiration of the UU contemplative practice offerings! My motivation to explore mindfulness meditation arose, as it does for many, out of a desire for relief from habitual inner stress.

I was raised in a family with many strengths, but there was also hidden suffering. My parents, mutually unhappy in their partnership but determined to provide a stable home, quietly endured their discontent... Developmental trauma... was a regular part of my childhood for many years. My efforts to seek comfort and safety were minimized... I was expected to politely pretend that nothing was wrong. But, hidden suffering, of course, doesn’t just disappear. We have to make peace with it, and sometimes making peace with our suffering is a long road... Prior counseling had certainly offered helpful windows into my heart and mind, but nothing has been as useful and transformative as my contemplative practice. Mindfulness meditation has given me essential skills for befriending suffering and more genuinely befriending myself!

Buddhist teachings have helped me to see that the early life experiences I endured... were not at all about ME... I am deeply grateful for the Buddhist teachings and the many opportunities for contemplative practice here at the UU. They have given me a clear course for peacefully transforming my inner life! †



Church Expands Building Use for Mission-related Groups

by Lea Smith, Director of Membership & Administration

In November, the Operations Leadership Team approved a new Building Use Policy that expands the use of our building for mission-related projects, while providing critical safeguards for the maintenance and security of our beloved property. Have you ever thought, “The church should start a group to ...”? Now you, as church members or pledging friends, have a clear process to apply to see if that activity would qualify as a church group. Or maybe you’ve thought, “This community group I am part of is doing exactly what the church should be doing on this issue.” Now there’s an [application form process](#) for bringing your group and the church together as Community Partners.

To protect our sacred space, the policy requires that new groups and projects should originate with, and be supervised by, congregants. You know better than anyone how to care for our space in keeping with our goals and resources.

The policy also provides a way for building users to make free will donations to help offset the extraordinary maintenance costs of our facility. You may see new donation boxes in frequently used spaces such as the chapel. This will allow the hundreds of building users who are not members or pledging friends to contribute to our building expenses, which represent nearly one-quarter of our operating budget. We are grateful to everyone who helps contribute to this cost.

The [new policy](#) will allow us to focus our building resource on projects and groups that helps us achieve our ends, which are available at concorduu.org/about-us/our-mission-and-vision/. If you have such a project or group in mind, please ask Heidi or me to share the policy with you. ✝



Curious about mindfulness?

Participating in a meditation retreat has never been easier!

by Jeanne Ann Whittington

If you've ever thought about, or actually attended a meditation retreat, you know that it involves finding a retreat that you want to attend, applying and paying fees, packing, traveling, settling in to your temporary accommodations and the retreat environment, and packing and traveling again at the end. All these steps can be part of a pleasant ritual of setting time aside for a contemplative break, but what if you could just drive a few miles to the Concord UU church, spend a weekend practicing among friends, and sleep in your own bed at the end of the day? Add in a very low fee and good food, and you have a winning formula!

On the upcoming weekend of **March 22-24**, you have this very opportunity as our church offers its 5th annual weekend mindfulness retreat, **“Radical Inclusion: The Practice of Leaving Nothing Out.”** This retreat is a unique and special offering that our Contemplative Practices community has been developing over the last few years. It begins on Friday night with a simple dinner followed by opening remarks, instruction and brief practice, then sleep at home (accommodations can be arranged for out-of-town retreatants). Saturday is a full day together, working with a wide variety of formal practices within the larger context of exploring how to relax into a wakeful flow throughout the day. Sunday morning is a final period of formal practice and closing of our time together, followed by welcoming the full congregation in for a one-hour taste of practice as a Sunday service.

This weekend retreat is not only a precious opportunity for each of us to slow down and to learn new practices or go deeper with familiar ones, but also a beautiful experience of teamwork and community. Due to the wholehearted participation of a team of volunteers, the process of planning and carrying out the retreat—organizing, registration, food preparation and cleanup, activities, instruction—is a joyful process. For the weekend, the retreat team and participants become a community, sharing the unusual and precious activity of cultivating wakefulness, curiosity and kindness. All are invited to join us—no experience necessary, just interest and willingness! You can find out more by visiting the church website and clicking on the **“Radical Inclusion”** window on the home page. We are happy to answer your questions and look forward to practicing with you.

To register please [click here](#) or go to ConcordUU.org 

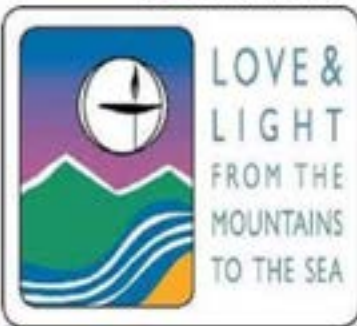
A Friendly Reminder: Pledges Due March 31

by David Canfield

Heads up, folks. Our finance team needs to know by April 1 how much we're pledging to donate in the coming church year, beginning August 1, to sustain our church and its many ministries. This is to give them – the Finance Committee, Board, and Senior Minister – time to develop an annual budget that they'll propose to the Members for approval at the May Annual Meeting.

We're asked to reaffirm our financial commitment and renew our pledge by Sunday, March 31. All Members and Friends should have received their pledge card by mail around February 20. In the absence of a newly signed pledge, the church will assume that our current pledge will remain in effect for the coming year, unless it is notified otherwise.

Almost two-thirds of the church's income comes from annual pledges. Endowment and rental income, and fundraising events such as the annual auction and greens fair and plant sale, account for the remainder.



Northern New England District of the UUA: Nurturing Connections – The Power of We

You are invited to attend the Spring Assembly and Annual Meeting of the Northern New England District of the UUA, held right here in our own church, on **April 5-6**. There will be music, worship, keynote speakers, breakout sessions, food and time to visit with other UUs from NH, VT and ME. Friday night will feature a concert by Reggie Harris – singer, songwriter, storyteller extraordinaire – with his acclaimed presentation, Songs of Joy, Hope and Freedom.

**We look forward to seeing you in April as we focus on our theme,
“Nurturing Connections – The Power of We.”**

For more info and to register go to:

[eventbrite.com/e/nned-uua-spring-assembly-annual-meeting-tickets-54380689105](https://www.eventbrite.com/e/nned-uua-spring-assembly-annual-meeting-tickets-54380689105)

Please email NNEDAdmin@comcast.net with any questions.

UUA General Assembly | Spokane Washington | June 19-23

General Assembly is the annual meeting of our Unitarian Universalist Association. Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; congregations must certify annually to send voting delegates. The 2019 General Assembly will be June 19-23 in Spokane, Washington. Most General Assembly events will be held in the Spokane Convention Center.

Registration and Housing Open March 1

GA Registration and the GA Housing Reservation System open at 9 a.m. PST at uuu.org/ga

UNITARIAN UNIVERSALIST SINGLES SUPPER



UU & liberal singles potluck on **Saturday, March 30, 6-8:30 p** at South Church, Portsmouth, NH. Bring a dish to share! Invitations going out to local UU churches including Sanford, Kennebunk, Saco, Portsmouth, Exeter, Manchester, Concord, Durham, Nottingham, Haverhill & Newburyport. LGBTQ+ community welcome! Please register for planning purposes. **Registration link** goo.gl/YjT6Jc

SPRING LUNCH AND SPEAKER SERIES

Greater Concord Interfaith Council Lenten Luncheons 2019 - 60th Annual Gathering

You are cordially invited to attend the 2019 Lenten Luncheon series sponsored by the Greater Concord Interfaith Council. The Council has sponsored the Lenten Luncheons since 1959, and is pleased to continue offering this historic series as an opportunity for fellowship and spiritual growth.

Luncheon Location FOR ALL MEALS: Bow Mills United Methodist Church*, 505 South St., Bow, NH.

Ticket Price Per Luncheon: \$7.00 per person with Proceeds To Benefit area non-profits, see below.

Questions? Contact UU Church representative: Suzanne Rude at realvermonter@comcast.net

Thursday, March 14

Rev. Jason Wells: New Directions at the New Hampshire Council of Churches

Rev. Jason Wells is the executive director of the New Hampshire Council of Churches.

Beneficiary: The Crisis Center of Central New Hampshire

Meal Preparation: South Congregational Church

Thursday, March 21

Phil and Eleanor Kimball: The Ethics of Dissent

Rev. Eleanor Kimball and her husband are members of First Congregational Church, UCC in Concord.

Beneficiary: Family Promise of Greater Concord

Meal Preparation: Concordia Lutheran Church

Thursday, March 28

Bob and Joyce Ray: Living Sustainably at Japan's Asian Rural Institute

Bob and Joyce Ray are members of the First Congregational Church of Dunbarton, UCC.

Beneficiary: Concord Coalition to End Homelessness

Meal Preparation: Christ the King Parish

Thursday, April 4

Rev. Beth Richeson: Experiencing God at the NH Women's Prison

Rev. Beth Richeson serves as the chaplain at the NH Correctional Facility for Women in Concord.

Beneficiary: Friends of Forgotten Children

Meal Preparation: First Congregational Church, UCC

Thursday, April 11

Rabbi Robin Nafshi:
Interfaith Seder (12:00—1:30pm)

Rabbi Robin Nafshi is the rabbi at Temple Beth Jacob in Concord.

Beneficiary: Families in Transition

Meal Preparation: Temple Beth Jacob

**All lunches to be held at Bow Mills United Methodist Church: Just south of the Concord/Bow town line at 505 South St. on the left; or by highway, just north of Exit 1 off I-89 on the right. Entrances*

(main entrance and accessible entrance) are at the back of the church.

Connecting in Love and Service

Connecting in Love and Service

March Special Events

Fri, March 1 @ 6:30 - 9 pm **Games & Chocolate**
Tues, March 4 and 18 @ 6 - 7:30 pm
NEW Meditation in Motion
Fridays @ 7 - 9 pm **Youth Group Resumes**
Sat, March 9 @ 9:30 am - 4:30 pm **Satipatthana
Retreat through Concord Insight**
Sun, March 10 @ 11:15 am | **Part 1** ([Sign up online](#))
2nd Hour Class | Christ for Unitarian Universalist
Sun, March 10 @ 7 - 8 pm **Taize**
Thurs, March 14, @ 6 - 9 pm Pi Day Pizza & Film
**“Transforming peace one piece of pizza at a time.”
Portsmouth Peace Treaty Documentary Film**
Sat, March 16 @ 10 am - 3 pm UUA NE Region
“Growing Visitors into Members” program
Sat, March 16 @ 6 - 8 pm **Family Movie Night**
Sat, March 16 @ 7 - 9 pm **Spring Equinox Ritual**
Sun, March 17 @ 7 - 9 pm
Dances of Universal Peace
Sun, March 17 @ 11:30 am | **Part 2** (*Part 1 not required*)
2nd Hour Class | Christ for Unitarian Universalist
March 22 - 24 **Mindfulness Weekend Retreat**
“Radical Inclusion-The Practice of Leaving Nothing Out.”
March 24-31 **Family Promise Week**

**See our calendar online for up-to-date listing:
www.concorduu.org/calendar**

Ongoing Events

Worship Service | Sundays at 10 am
Sunday School for Children
1st, 2nd, 3rd Sundays at 11:30 am
“Second Hour” Adult Learning, Service & Practice
2nd & 3rd Sundays at 11:30 am
Community Lunch | 2nd & 3rd Sundays at 12:30 pm
Social Hour Coffee, Cookies & Conversation
1st, 4th, 5th Sundays at 11:15 am
Drop-in Covenant Group | 1st Sundays at 11:30 am
Dances of Universal Peace | 3rd Sunday at 7 pm
Taize at Concord UU | 2nd Sunday at 7 pm
UU Worship at Havenwood | 1st Thursday at 2 pm
Choir Rehearsal | most Thursdays, 7-8:30 pm
Choir Warmup | most Sundays, 9:15 am
Visiting Voices | 2nd Saturdays - 9 am off-site
warmup, 10am at Merrimack Valley Nursing Home
Noah Project on Sustainability | Sunday at 9 am
Youth Group - most Fridays at 7 pm
Games and Chocolate | 1st Fridays at 6:30 pm
Friendly Kitchen prep & serve day | 1st Wed at 3 pm
UU Book Group | 4th Wednesday at 4 pm
Family Covenant Group | 2nd Fridays at 6 pm
(*please contact organizers before attending*)
Parents of Teens Covenant Group | 3rd Fri at 7 pm
(*please contact organizers before attending*)
Ageing Journey Wisdom Circle
2nd Sundays at 11:30 am
Caring for Aging Loved Ones Support Group
4th Sundays at 7 pm
Come As You Are LGBTQ+ AA | Mondays 6-7 pm
Memory Loss Support | 2nd, 4th Tuesdays at 10 am
Chronic Pain Support Group | **2nd Tues. 1-2:30 pm**
NEW Meditation in Motion | 1st, 3rd Mon. at 6pm
Mindfulness Practice Group | 2nd, 4th Mon. at 7 pm
Meditation | Tuesdays at 7 pm
Board of Trustees | 2nd Wednesday at 6:30 pm



2nd Sunday Transportation to Church

If you are looking for transportation to church on 2nd Sundays of the month, please let the Linda Williams (Inilemud@msn.com) or the office know. One of our volunteer transportation associates will come and pick you up and bring you to church in time for the 10 am service. In the future we hope to offer this service more than once a month. For now, we are committed to providing transportation associates on Mar 10, Apr 14, May 12, and Jun 9. If you are able to serve as a transportation associate on any of those dates, please let Linda Williams (Inilemud@msn.com) or the office know.

New Office Roles

Heidi Page, Office Administrator

- Maintains the church master calendar
- Accepts room reservations for church events
- Arranges room rentals (excluding long-term leases)
- Shares creation of the weekly eBulletin with Lorraine Ellis (submit to ebulletin@concorduu.org)
- Produces Parish Notes (submit to parishnotes@concorduu.org)
- Helps Michael (or other pulpit guest) to create the weekly order of service

Lea Smith, Director of Membership and Administration

- Maintains the church's financial records; answers your budget questions
- Processes accounts payable and reimbursement checks (include your receipt with pink reimbursement form)
- Responds to building emergencies (with the Facility Manager and Building Maintenance Committee)
- Negotiates long term leases and serves as liaison with lessees
- Manages the church membership database and directory updates
- Welcomes newcomers and helps them get connected

Staff

Rev. Michael Leuchtenberger, Senior Minister
715-7557 (cell), michael@concorduu.org

Rev. Lyn Marshall,
Minister of Lifespan Faith Development
224-0291 x3(office) 568-8084 (cell),
lyn@concorduu.org

Calvin Herst, Accompanist
calvin@concorduu.org

Linda Mai, Choir Director
linda@concorduu.org

Lea Smith, Dir. of Membership & Administration
224-0291 x4 lea@concorduu.org

Heidi Page, Office Administrator
224-0291 x2 heidi@concorduu.org

Kathie Martin, Facility Manager
717-5268 (emergency only)

Officers

Anne Zinkin, Moderator
Sara McNeil, Clerk
Karen Mayo, Treasurer
Jack Wakelin, Custodian of Trust Funds
Beth Corcoran & Lorraine Ellis,
Assistant Treasurers

Board of Trustees

Dick Bennett, Chair
Anne Drewniak, Vice-Chair
Ann Hoey, Secretary
Gary Schroeder
Kelly Mahony
Tom Fredenburg

Upcoming Parish Notes NEW Deadline

April 2019 issue: Wed, March 20 at noon

Email submissions in the body of an email (not as an attachment) to parishnotes@concorduu.org

Submissions are accepted for church-related items that have been approved by a committee, church-affiliated group or staff person. The editor may edit for clarity or to fit available space.

Unitarian Universalist Church of Concord

274 Pleasant Street
Concord, NH 03301-2551

603-224-0291

office@concorduu.org

www.concorduu.org

RETURN SERVICE REQUESTED

***JOIN US FOR WORSHIP AND FAITH DEVELOPMENT
ON SUNDAYS***

10:00 am Worship Service

**11:30 am Sunday School for Children
(1st, 2nd, 3rd Sundays)**

**11:30 am Second Hour Adult Learning, Service and Practice
(2nd & 3rd Sundays)**

